

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Please contact the Meals on Wheels Office to cancel or skip a meal</b></p> <p><b>610-374-3195 Ext. 220</b></p> <p><i>*Menus Subject to Change*</i></p>				<p>Baked Salmon w/ 1 oz. Dill Sauce 1/2c. Brown Rice 1/2c. Broccoli White Bread 1/2c. Pineapple Tidbits</p>
<p>4</p> <p>BBQ Chicken Breast 1/2c. Scalloped Potatoes 1/2c. Sweet &amp; Sour Coleslaw Wheat Bread Brownie</p>	<p>5</p> <p>Veal Roulade w/ Gravy 1/2c. Mashed Potatoes 1/2c. Coin Carrots White Bread 1/4c. Cottage Cheese w/ 1/2c. Sliced Peaches</p>	<p><u>December Birthdays</u></p> <p>Tomato &amp; White Wine Braised Chicken Thigh 1/2c. Rice Pilaf 1/2c. Mixed Bean Medley Wheat Bread Fresh Seasonal Fruit <b>Birthday Cake</b></p>	<p>7</p> <p>Porcupine Ball w/ 2 oz. Tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Corn Dinner Roll 1/2c. Cinnamon Apples</p>	<p>8</p> <p>Cheeseburger w/ Lettuce &amp; Tomato 1/2c. Parsley Potatoes 1/2c. Baked Beans Hamburger Roll 1/2c. Sliced Pears</p>
<p>11</p> <p>Center Cut Pork Chop w/ 2 oz. Gravy 1/2c. Whipped Potatoes w/ Chives 1/2c. Braised Red Cabbage White Bread 1/2c. Apple Cranberry Crisp</p>	<p>12</p> <p>1c. Chili Con Carne 1c. Tossed Salad w/ Tomato &amp; Dressing 1/2c. Baked Potato w/ Sour Cream Biscuit Mandarin Oranges</p>	<p>13</p> <p>Burgundy Beef w/ Mushrooms Over 1/2c. Egg Noodles 1/2c. Broccoli &amp; Carrots Wheat Bread 1/2c. Mixed Fruit Salad</p>	<p>14</p> <p>1/2c. Pizza Burger Ground Beef, Marinara, Mozzarella 1/2c. Baked Sweet Potato Bites 1/2c. Creamy Coleslaw Hamburger Roll 1/2c. Vanilla Pudding</p>	<p>15</p> <p>Potato Crusted Pollock 1/2c. Cheesy Shells 1/2c. Stewed Tomatoes White Bread Fresh Seasonal Fruit</p>
<p>18</p> <p>Kielbasa 1/2c. Loaded Diced Potatoes 1/2c. Baked Beans Hot Dog roll Fresh Seasonal Fruit</p>	<p><u>Holiday Special</u></p> <p>Chicken Cordon Bleu w/ Gravy 3 oz. Homemade Stuffing 1/2c. Whipped Potatoes 1/2c. Sweet Peas &amp; Carrots Dinner Roll Boston Crème Pie</p>	<p>20</p> <p>Pot Roast w/ 1 oz. Gravy 1/2c. Baked Potato w/ Sour Cream 1/2c. Sliced Carrots Italian Bread Sugar Cookie</p>	<p>21</p> <p>1c. Chicken Pot Pie w/ Mixed Vegetables 1/2c. Coleslaw White Bread Fresh Seasonal Fruit</p>	<p>22</p> <p>Beef Burrito 3 oz. Meat, Cheese, Lettuce, Tomato 1/2c. Warm Fiesta Corn 1/2c. Spanish Rice Tortilla Shell 1/2c. Baked Pineapple</p>
<p>25</p> <p><b>Office is Closed No Meals Will Be Served</b></p> <p>Merry Christmas</p>	<p>26</p> <p><b>Office is Closed No Meals Will Be Served</b></p>	<p>27</p> <p>Roasted Pork Loin w/ 1 oz. Gravy 1/2c. Rosemary Seasoned Redskins 1/2c. Green Beans Biscuit w/ Apple Butter Fresh Seasonal Fruit</p>	<p>28</p> <p>Baked Sweet Sausage Sandwich w/2 oz. Peppers &amp; Sauce 5 oz. Mozzarella 1/2c. Buttered Pot 1/2c. Green Beans Hoagie Roll Peach Cobbler Delight</p>	<p>29</p> <p>Baked Chicken Breast w/ Gravy 1/2c. Blended Rice Pilaf 1/2c. Oriental Vegetable Blend White Bread 1/2c. Pineapple Delight</p>