



What is Berks Encore Care+?

Aging Life Care, also known as geriatric care management, is a client-centered approach to caring for older adults.

Working with families, the expertise of Aging Life Care Professionals provides the answers at a time of uncertainty. Their guidance leads families to the actions and decisions that ensure quality care and an optimal life for those they love, thus reducing worry, stress and time off of work for family caregivers.

An Aging Life Care Manager provides assistance to individuals and their families who need help at challenging times. They help transform an overwhelming experience into one that rallies resources and helps you feel that your needs and preferences are being dealt with in the best possible manner.

What we can do – an Aging Life Care Manager will:

- Assess the physical, emotional, financial, and social problems being experienced.
- Assess how they are functioning at home, and the help that they already have.
- After the assessment, the client and family along with the Aging Life Care Manager agree on a plan of care to improve the client's daily functioning, quality of life, and peace of mind of the client and family.
- Provide ongoing monitoring and reassessment as circumstances change over time.

What we cannot do:

- Provide any medical/non-medical care
- Manage medications
- Make decisions regarding care
- Emergency services

Who would benefit from Berks Encore Care+?

- Someone who needs help managing their care
- Someone that has limited or no family support
- Someone that has family that lives at a distance
- Someone who is unable to live safely in his/her environment
- Someone whose family is "burned out" or confused about care solutions
- Someone whose family has limited time and/or expertise in dealing with chronic care needs

What are the costs involved?

- There is a complimentary initial phone call consultation.
- A Comprehensive assessment and care plan are developed for a fee.
- Fees determined by sliding scale based on the seniors income.

How do I contact the Berks Encore Care+ team?

Email us at becareplus@berksencore.org, or call **484-577-4243**.