

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>To skip or cancel your meals please call 610-374-3195 ext. 237</p> <p><i>*1% milk served with every meal</i></p>		<p><b>Ham Slice</b> w/ Pineapple Mashed Potatoes WW Bread w/Margarine Fresh Banana Fresh Tossed Salad w/ Vinaigrette</p>
<p><i>*Meals can be subject to changes</i></p>				
<p><b>Chicken Burritos</b> White Rice &amp; Stewed Beans w/ Ham &amp; Squash Caesar Salad Fresh Banana Pinto, Black, Sm. White, Kidney, Pigeon Peas</p>	<p><b>Meat Loaf</b> w/ LS Tomato Sauce Cold Potato Salad California Mix* Dinner Roll/Margarine Fresh Apple <i>Broccoli, Cauliflower, Carrots</i></p>	<p><b>Cold Turkey &amp; Swiss Sandwich</b> WW Bread Lettuce, Tomato Slice Cold Baby Carrots Fresh Banana</p>	<p><b>Chicken Lo-Mein</b> Broccoli &amp; Cauliflower Rice or Noodles WW Bread w/ Margarine Canned Papaya, unsweetened Fresh Orange</p>	<p><b>Turkey Frank</b> WW Hot Dog Bun Broccoli &amp; Carrots Pineapple Chunks Apple</p>
<p><b>Chicken Nuggets</b> Baked Sweet Potatoes Cauliflower Mandarin Orange WW Dinner Roll</p>	<p><b>Hawaiin Meatballs</b> Meatballs* Brown Rice Pineapple Peas  <i>BBQ Sauce</i></p>	<p><b>Codfish Stew</b> Spanish Dumpling Green Plaintains Peas Tropical Fruit Spanish Bread w/ Margarine</p>	<p><b>Turkey Pepperoni Stuffed Sandwich</b> Zucchini Fresh Orange WG Crust</p>	<p><b>Latin Beef Stew</b> Root Vegetables Fresh Pear WW Roll</p>
<p><b>Old Bay Cod</b> Cod Filet Broccoli Mashed Potatoes Apricots Fresh Banana WW Roll</p>	<p><b>Baked Pork Roast</b> Rice w/ Stewed Beans Peas Tropical Fruit WW Bread w/ Margarine</p>	<p><b>Meatball Hoagie Marinara</b> on Roll Seasoned Red Potatoes Carrots Fresh Apple</p>	<p><b>Chicken Pita</b> Chicken Breast* Tomato and Cucumber Salad Fresh Orange WG Pita</p>	<p><b>Beef Stew</b> Sweet Potatoes Brown Rice WW Bread w/Margarine Tropical Fruit</p>
<p><b>Turkey Fricasse</b> Potatoes, Carrots, Celery Brown Rice Green Beans Applesauce</p> <p><i>w/ cooking Wine/Laurel Leaves</i></p>	<p><b>Taco Tuesday-Fiesta Beef</b> White Flour Tortilla Shell Chopped Lettuce, Tomatoes, Onions Shredded Cheese Rice w/ Stewed Beans Canned Peaches</p>	<p><b>Chicken Tenders</b> Macaroni and Cheese Stringbeans Mango</p>	<p><b>Tuna Salad Croissant</b> Tuna Fish Red Beets WW Croissant Fresh Orange</p>	<p><b>Cheeseburger</b> Tater Tots Cucumber and Onion Salad Fresh Melon WW Bun Lettuce and Tomoato Slice</p>

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