

2021 Community Impact

2021 arrived with vaccines & variants, supply chain issues and staffing shortages. Amid the challenges, we never wavered in our commitment to our homebound neighbors for meal delivery. We re-opened our community centers for socialization with new programs and pushed forward with our plans for Berks Encore Care+.



berks**encore**

applauding life after 50

610-374-3195
berksencore.org

MEALS ON WHEELS

Our change of condition nurse addressed almost 200 situations where concerns were reported by a volunteer. As we prepare for winter, over 2000 Blizzard boxes with more than 8000 nonperishable meals are ready to deliver.

- 163,210** total meals delivered
- 600 clients per week
 - 1200 unique clients served
 - 490 new

VOLUNTEERS

Whether it is meals on wheels, grocery shopping, friendly visitor or Medicare counseling, volunteers make it possible for us to offer our many programs.

- 50,000** hours of service
- More than 700 volunteers
 - 125 new volunteers

MEDICARE COUNSELING

A new name (PA MEDI), but the same service. Trained counselors help Medicare clients review their policies, enroll for services, and assist in resolving billing problems. 1055 individual clients served in 2020.

- Savings of more than **\$445,000**
- 1340 rent and property tax rebates.
 - 450 produce checks distributed

Virtual classes became the norm during COVID, and we saw new participants engage with Berks Encore from home. We continue to offer 8 virtual exercise classes and now offer 34 ongoing exercise classes.

- 1300** unique participants
- 300 new

COMMUNITY CENTERS

HEALTH & WELLNESS

Most evidence-based programs returned to in-person settings. Eighteen Health & Wellness Ambassadors volunteered for Fall Prevention Day and Senior Expo to recruit new participants.

- 220** evidence-based class participants
- 150 new

BERKS ENCORE CARE+

BECARE+ continues to make strides to help family caregivers relieve the stress involved when caring for an aging loved one. East Penn and R.M. Palmer offer BECARE+ as part of their employee assistance program.

Supported **50+** seniors and families



5,000
Older Adults served
in Berks County