



March 2023



Monday	Tuesday	Wednesday	Thursday	Friday
menu subject to change	To <u>SKIP OR CANCEL</u> your meal Please contacts 610-374-3195 EXT 220	1 Stuffed Pepper Casserole 1/2 c. Garlic Whipped Potatoes 1/2 c. Coin Carrots 1 Wheat Bread 1/2 c. Pudding	2 Turkey Chef Salad (2 oz. Turkey, Egg, Cheddar, over 1 c. Mixed Greens w/ Tomato) 1/2c. Three Bean Salad 1 Dinner Roll 1/2 c. Gelatin	3 Vegetable Lasagna Topped w/ Cream Sauce 1 c. Tossed Salad w/ Dressing Garlic Breadstick 1/2 c. Fruit Cocktail
6 Glazed Ham w/ Raisin Sauce 1/2 c. Sweet Potatoes 1/2 c. Peas & Carrots 1 Dinner Roll 1 Cookie	7 Pasta Primavera (Chicken, Cheese, Broccoli, Carrots, Onions, Peppers) 1/2 c. Noodles 1 Breadstick 1/2 c. Mixed Fruit	8 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2 c. Wax Beans 1 Wheat Bread Seasonal Fresh Fruit	9 Cheese Lasagna Rollup w/ 1 oz. Shredded Cheese 1 c. Tossed Salad w/ Tomato 1 Italian Bread Fresh Fruit	10 Tuna Salad Sandwich w/ Lettuce & Tomato 1/2 c. Potato Salad 1/2 c. Beets 2 Wheat Bread 1/2 c. Sliced Peaches
13 BBQ Pork Ribette 1/2 c. Hashbrown Cubes 1/2 c. Green Beans 1 Sandwich Bun 1/2 c. Pineapple	14 Chicken Alfredo 1/2 c. Noodles 1/2 c. Carrots 1 White Bread 1/2 c. Warm Apple Cranberry Crisp	15 Cheeseburger w/ Lettuce, Tomato 1/2 c. Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	16 3/4 c. Corned Beef & Cabbage 1/2 c. Boiled Potatoes w/ Chives 1/2 c. Green Beans Dinner Roll 1/2 c. Pistachio Pudding	17 Salmon Croquette 1/2 c. Parmesan Garlic Noodles 1/2 c. Peas 1 Wheat Bread Fresh Fruit
20 Burgundy Glazed Meatballs (4) 1/2 c. Rice 1/2 c. Mixed Vegetables 1 Italian Breadstick 1/2 c. Mandarin Oranges	21 Grilled Chicken Salad (2 oz. Chicken, Cheddar, HB Egg over 1 c. Mixed Greens) 1/2 c. Broccoli Salad 1 Dinner Roll 1/2 c. Fruited Gelatin	22 Pepper Steak w/ 2 oz. Gravy 1/2 c. Whipped Potatoes 1/2 c. Diced Carrots 1 Wheat Bread 1/2 c. Blushed Pears	23 Hawaiian Pork Loin 1/2 c. Buttered Noodles 1/2 c. Island Blend Vegetables White Bread Cookie	24 Potato Crusted Fish 1/2 c. Macaroni & Cheese 1/2 c. Stewed Tomatoes Wheat Bread Fresh Fruit
27 BBQ Chicken Breast 1/2 c. Brown Rice 1/2 c. Coleslaw Wheat Bread Fresh Orange	28 Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2 c. Breakfast Potatoes 1 English Muffin w/ Jelly 4 oz. Apple Juice	29 Pot Roast w/ Gravy 1/2 c. Mashed Potatoes 1/2 c. Coin Carrots Italian Bread Cookie	30 Penne & Meatballs (4) 3/4 c. Pasta w/ Marinara 1 c. Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2 c. Mixed Fruit Salad	31 Breaded Fish Sandwich w/ Cheese & Lettuce 1/2 c. Mixed Vegetables 1/2 c. Garlic Noodles WG Sandwich Roll 1/2 c. Peaches