

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please contact your Center to Skip or cancel Lunch</p>		<p>1</p> <p>Chicken Taco w/ Lettuce & Tomato 1/2 c. Seasoned Corn & Blackbeans 1/2 c. Spanish Rice Soft Tortilla Shell 1/2 c Pineapple</p>	<p>2</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2 c Green Beans 1 Wheat Bread 1/2 c Gelatin</p>	<p>3</p> <p>Baked Salmon 1/2 c Parmesan Garlic Noodles 1/2 c Peas 1 Wheat Bread Seasonal Fresh Fruit</p>
<p>6</p> <p>Sloppy Joe 1/2 c Ranch Roasted Potatoes 1/2 c Island Blend Vegetables 1 Hamburger Bun Seasonal Fresh Fruit</p>	<p>7</p> <p>Chicken Marsala w/ 2 oz Mushroom Sauce 1/2 c. Blended Rice 1/2 c Carrots 1 Breadstick 1/2 c Applesauce</p>	<p>8</p> <p>Pot Roast w/ Gravy 1/2 c Whipped Potatoes w/ Chives 1/2 c Green Beans Dinner Roll 1/2 c Pudding</p>	<p>9</p> <p>Turkey Chef Salad 2 oz Turkey, 1oz Cheddar, over 1 c Mixed Greens w/ Tomato 1/2 c Pickled Beet Salad 1 Wheat Bread 1/2 c Fruited Gelatin</p>	<p>10</p> <p>Roasted Pork w/ Peach Glaze 1/2 c Whipped Potatoes w/ Chives 1/2 c Mixed Vegetables 1 Wheat Bread Cookie</p>
<p>13</p> <p>Philly Cheeseburger w/ Provolone, Peppers, & Onions 1/2 c Potato Salad Sandwich Roll Fresh Seasonal Fruit</p>	<p>14</p> <p>Thanksgiving Special! Pulled Turkey w/ Gravy 1/2 c Whipped Potatoes 1/2 c Green Beans 2 oz Stuffing Dinner Roll Pumpkin Pie</p>	<p>15</p> <p>Cabbage Casserole w/ 2 oz Sauce 1 c Tossed Salad 1/2 c Carrots 1 White Bread Seasonal Fresh Fruit</p>	<p>16</p> <p>Baked Pollock 1/2 c Macaroni & Cheese 1/2 c Stewed Tomatoes 1 Wheat Bread 1/2 c Mandarin Oranges</p>	<p>17</p> <p>Swedish Meatballs (4) 1/2 c. Rice 1/2 c Peas 1 Wheat Bread 1/2 c Apple Crisp</p>
<p>20</p> <p>Mango BBQ Chicken Breast 1/2 c. Brown Rice 1/2 c. Carrots Wheat Bread Fresh Orange</p>	<p>21</p> <p>Lemon Dijon Pork Loin 1/2 c Buttered Pasta 1/2 c Mixed Vegetables 1 Wheat Bread 1/2 c Pineapple Tidbits</p>	<p>22</p> <p>Baked Crab Cakes 1/2 c Cheesy Potatoes 1/2 c Peas 1 Wheat Bread 1/2 c Cottage Cheese & Peaches</p>	<p>23</p> <p>Happy Thanksgiving!!</p> <p>Centers will be Closed for the Holiday</p>	<p>24</p> <p>Centers will be Closed for the Holiday</p>
<p>27</p> <p>BBQ Pulled Pork 1/2 c Creamy Coleslaw 1/2 c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit</p>	<p>28</p> <p>Cheeseburger Stroganoff 1/2 c Peas 1 Breadstick Fresh Fruit</p> <p><i>*menu subject to change based on availability</i></p>	<p>29</p> <p>Creamy Chicken Salad Sandwich Lettuce & Tomato 1/2 c Broccoli Salad 2 Whole Wheat Bread 1/2 c Cinnamon Applesauce</p>	<p>30</p> <p>Pepper Steak w/ Onions & Peppers 1/2 c Whipped Potatoes 1/2 c Diced Carrots 1 Wheat Bread 1/2 c Blushed Pears</p>	