

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To skip or cancel a meal Contact our office at 610-374-3195 ext.220</p>		<p>Beef Stew ¹</p> <p>4oz Mixed Fruit 4oz Green Beans 4oz WG Brown Rice 3oz Beef Cubes</p>	<p>Chili Dogs ²</p> <p>4oz Fresh Apple 4oz Carrots WG Hot Dog Bun 1 Beef frank with 2oz. Chili</p>	<p>Lemon Pepper Baked Chicken ³</p> <p>4oz Peaches 4oz Vegetable Blend 4oz Pasta Salad 4oz Diced Chicken WG Dinner Roll</p>
<p>Chicken & Cheese Quesadilla ⁶</p> <p>4oz Seasonal Fresh Fruit 4oz Corn WG Tortilla 3oz Chicken & Cheese <i>Sour Cream</i></p>	<p>Sweet & Sour Chicken ⁷</p> <p>4oz Fresh Orange 4oz Stir Fry Vegetables 4oz Brown Rice 3oz Chicken*</p>	<p>Spaghetti & Meatballs ⁸</p> <p>4oz Pears 4oz Carrots 4oz Spaghetti 3oz LS Tomato SC. Meatballs</p>	<p>Italian Chicken Pattie ⁹</p> <p>4oz Appleslices 4oz Mixed Vegetables WG Bun 3oz Chicken Pattie</p>	<p>Pork Chop ¹⁰</p> <p>4oz Pineapple 4oz Mashed Potatoes 4oz California Blend 3oz Pork Chop <i>Biscuit</i></p>
<p>Tuna Salad Croissant ¹³</p> <p>4oz Pineapple 4oz Green beans WG Croissant 3oz Tuna</p>	<p>Shepards Pie ¹⁴</p> <p>4oz Appleslices 2oz Peas and Carrots WG Roll 3oz Ground Beef 4oz Mashed Potatoes</p>	<p>Roast Beef ¹⁵</p> <p>4oz Pears 4oz Mixed Vegetables 4oz Rice With Beans 3oz Roast Beef</p>	<p>Chicken Nuggets ¹⁶</p> <p>4oz Mandarin Orange 4oz Cauliflower 4oz Mac and Cheese 3oz Chicken Nuggets</p>	<p>Italian Hoagie ¹⁷</p> <p>4oz Fresh Apple 4 oz Red Beets WG Hoagie z (ea)Ham, Salami and Cheese Sli <i>*Lettuce & Tomato</i></p>
<p>Salisbury Steak ²⁰</p> <p>4oz Mixed Fruit 4oz Broccoli WG Roll 3oz Beef Patty w Ls Gravy 4oz Mashed Potatoes</p>	<p>Chicken Curry Casserole ²¹</p> <p>4oz Pineapple Chunks 4oz Stir Fry Vegetables* 4oz Brown Rice 3oz Diced Chicken celery & carrots</p>	<p>Roast Turkey ²²</p> <p>4oz Baked Cinnamon Apples 4oz Mixed Vegetables 4oz Seasoned Potatoes 3oz Roasted Turkey* <i>Dinner Roll/1oz Cranberry Sauce</i></p>	<p>HAPPY THANKSGIVING CLOSED ²³</p>	<p>HAPPY THANKSGIVING CLOSED ²⁴</p>
<p>Montreal Chicken & Rice ²⁷</p> <p>4oz Fresh Seasonal Fruit 4oz Peas and Carrots 4oz Rice Pilaf 3oz Diced chicken</p>	<p>Turkey Burger ²⁸</p> <p>4oz Tropical Fruit 4oz Lettuce and Tomato WW Bun 3oz Turkey Burger</p>	<p>BBQ Ribs ²⁹</p> <p>4oz Pears 4oz Winter Blend WG Corn Bread 3oz BBQ Pork Ribs 4oz Mashed Potatoes</p>	<p>Lasagna Roll w/ Meat Sauce ³⁰</p> <p>4oz Fresh Orange 4oz Steamed Broccoli Lasagna Roll w Cheese 3oz Ground Meat in Sauce WG Roll</p>	

*1% milk served with every meal

NOTE: Items may be substituted based on availability