

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To skip or cancel a meals Please call Our center At: 610-374-3195 Ext. 201</p>		<p>Chicken Fricassee* ¹</p> <p>4 oz Fresh Fruit 4 oz. California Blend 4 oz Brown Rice 3 oz Stewed Chicken w Potatoes/Laurel Leaves</p>	<p>Chicken Salad Wrap ²</p> <p>4 oz Pineapple 4 oz Coleslaw WG Tortilla 3 oz Chicken Salad</p>	<p>Cuban Sandwich ³</p> <p>4 oz Tropical Fruit 4 oz Lettuce, Tomato, Pickle WG Hoagie Bread 3 oz w/ Ham, Swiss Cheese</p>
<p>Chicken Breast Sandwich ⁶</p> <p>4 oz Appleslices 4 oz Cooked Carrots WG roll 3 oz Chicken Patty</p>	<p>Taco Tuesday ⁷</p> <p>4 oz Pineapple Chunks 4 oz Lettuce, Tomatoes, Onions WG Flour Tortilla Shell 3 oz Beef & Cheese 4 oz Rice w/ Beans</p>	<p>Chicken Fettucini Alfredo ⁸</p> <p>4 oz Peaches 4 oz Broccoli 4 oz Fettucini Noodles with Sauce 3 oz Diced Chicken</p>	<p>Turkey Fricasse ⁹</p> <p>4 oz Applesauce 4 oz Peas 4 oz Brown Rice 3 oz Turkey Cubes Potatoes, Carrots, Celery*</p>	<p>Meatball Hoagie ¹⁰</p> <p>4 oz Pears 4 oz Vegetable Blend WG Hoagie Roll 3 oz Beef Meatballs 4 oz Seasoned Red Potatoes</p>
<p>Tuna Salad Croissant ¹³</p> <p>4 oz Tropical Fruit WW Croissant 4 oz Carrots 3 oz Tuna</p>	<p>Chicken Burrito ¹⁴</p> <p>4 oz Fresh Seasonal Fruit 4 oz Corn WG Tortilla 3 oz Diced Chicken</p>	<p>Beef Stew ¹⁵</p> <p>4 oz Mixed Fruit 4 oz Green Beans 4 oz WG Brown Rice 3 oz Beef Cubes</p>	<p>Chili Dogs ¹⁶</p> <p>4 oz Fresh Apple 4 oz Green Beans Hot Dog Bun 1 Beef frank with 2 oz. Chili</p>	<p>Lemon Pepper Baked Chicken ¹⁷</p> <p>4 oz Peaches 4 oz Vegetable Blend 4 oz Mashed Potatoes 3 oz Diced Chicken WG Dinner Roll</p>
<p>Chicken & Cheese Quesadilla ²⁰</p> <p>4 oz Mixed Fruit 4 oz Corn WG Tortilla 3 oz Chicken & Cheese <i>Salsa</i></p>	<p>Centers will be close no Meals on Wheels On This day ²¹</p>	<p>Spaghetti & Meatballs ²²</p> <p>4 oz Fresh Fruit 4 oz Carrots 4 oz Spaghetti 3 oz LS Tomato SC. Meatballs</p>	<p>Italian Chicken Pattie ²³</p> <p>4 oz Appleslices 4 oz Mixed Vegetables WG Bun 3 oz Chicken Pattie</p>	<p>Roast Beef ²⁴</p> <p>4 oz Fresh Seasonal Fruit 4 oz California Blend 4 oz Rice With Beans 3 oz Roast Beef</p>
<p>Memorial Day No meal will be delivered ²⁷</p>	<p>Shepards Pie ²⁸</p> <p>4 oz Appleslices 2 oz Peas and Carrots WG Roll 3 oz Ground Beef 4 oz Mashed Potatoes</p>	<p>Roast Beef ²⁹</p> <p>4 oz Pears 4 oz Mixed Vegetables 4 oz Rice With Beans 3 oz Roast Beef</p>	<p>Chicken Nuggets ³⁰</p> <p>4 oz Mandarin Orange 4 oz Cauliflower 4 oz Mac and Cheese 3 oz Chicken Nuggets</p>	<p>Italian Hoagie ³¹</p> <p>4 oz Fresh Apple 4 oz Red Beets WG Hoagie 1 oz Ham, Salami and Cheese Slice *Lettuce & Tomato</p>

*1% milk served with every meal

NOTE: Items may be substituted based on availability and lunch menu