

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>To skip or cancel a meal Please contact your center</i></p>		<p>1 Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>2 Grilled Chicken Caesar Salad 1c Mixed Greens Diced Chicken 1t Parmesan, Tomato, Croutons 1/2c Three Bean Salad Dinner Roll 1/2c Blushed Pears</p>	<p>3 Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange</p>
<p>6 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Orange</p>	<p>7 Baked Salmon w/ White Wine Cream Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Cinnamon Applesauce</p>	<p>8 Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread Seasonal Fresh Fruit</p>	<p>9 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Warm Beets 1 Wheat Bread 1/2c Gelatin</p>	<p>10 Pesto Chicken 1/2c. Buttered Pasta Tossed Salad w/ tomato & dressing Dinner Roll 1/2c Peach Crisp</p>
<p>13 1c Pizza Casserole 1/2c Peas 1 White Bread Seasonal Fresh Fruit</p>	<p>14 Baked Meatloaf w/ Gravy 1/2c Buttered Noodles 1c Tossed Salad 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>15 Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie</p>	<p>16 Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges</p>	<p>17 Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimientos 1/2c Pineapple</p>
<p>20 BBQ Pulled Pork Sandwich 1/2c Green Beans 1/2c Ranch Potatoes Sandwich Roll Cookie</p>	<p>21 Centers will be closed Meals WILL NOT be served</p>	<p>22 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>23 Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>24 Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1/2c Pears</p>
<p>27</p>	<p>28 Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>29 Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie</p>	<p>30 Orange Glazed Pork Loin 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp <i>*menu subject to change</i></p>	<p>31 1/2c Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit</p>