



July 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>1c Pizza Casserole w/ 2oz Sauce 1/2c Green Beans 1 White Bread Seasonal Fresh Fruit</p>	<p>2</p> <p>Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>3</p> <p>Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie</p>	<p>4</p> <p>Happy 4th of July! Centers are Closed No Lunch or Grab&Go On this day</p>	<p>5</p> <p>Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple</p>
<p>8</p> <p>BBQ Pulled Pork Sandwich 1/2c Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie</p>	<p>9</p> <p>Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p>	<p>10</p> <p>Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>11</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>12</p> <p>Chicken, Spinach, & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c Mixed Greens & Spinach 1/2c Beets 1 Breadstick 1 Cookie</p>
<p>15</p> <p>Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>16</p> <p>Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding</p>	<p>17</p> <p>Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie</p>	<p>18</p> <p>Orange Glazed Pork Loin 1/2c Buttered Pasta 1/2c Corn 1 Wheat Bread 1/2c Peach Crisp</p>	<p>19</p> <p>4oz Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit</p>
<p>22</p> <p>1c Stuffed Pepper Casserole 1/2c Wax Beans 1/2c Peas & Carrots 1 White Bread 1/2c Pudding</p>	<p>23</p> <p>Sweet & Sour Pork 1/2c. Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c. Apple Crisp</p>	<p>24</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Beets 1 Dinner Roll 1/2c Gelatin</p>	<p>25</p> <p>Parmesan Chicken Over 1/2c Lemon Asparagus Pasta 1c Tossed Salad W/Tomato 1 Breadstick Fresh Fruit</p>	<p>26</p> <p>4oz Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit</p>
<p>29</p> <p>Swiss Steak w/ 2oz Onion Gravy 1/2c Cubed Parsley Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	<p>30</p> <p>Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese</p>	<p>31</p> <p>Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges</p>	<p>To skip or Cancel Your Meals Please Contact Your Center</p> <p><i>*menu subject to change</i></p>	