

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>*menu subject to change</i></p>	<p><b>To skip or cancel A meal please call 610-374-3195 ext. 220</b></p>		<p><b>Baked Lemon Pepper Fish</b> 1/2 c Rice Pilaf 1/2 c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit</p>	<p><b>Baked Meatloaf w/ Gravy</b> 1/2 c Mashed Potatoes 1/2 c Peas 1 White Bread 1/2 c Gelatin</p>
<p><b>5</b> <b>Creamy Parmesan Pork Chop</b> 1/2 c Diced Redskin Potatoes 1/2 c Green Beans 1 Dinner Roll 1/2 c Pineapple Tidbits Cookie</p>	<p><b>6</b> <b>Pasta &amp; Meatballs (4)</b> 1/2 c Pasta w/ Marinara 1 c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2 c Mixed Fruit Salad</p>	<p><b>7</b> <b>Western Omelet</b> w/Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2 c Breakfast Potatoes 1 English Muffin w/ Jelly 4 oz Apple Juice</p>	<p><b>8</b> <b>Grilled Chicken Caesar Salad</b> 1 c Mixed Greens (3oz Diced Chicken 1t Parmesan, Tomato, Croutons) 1/2 c Broccoli Salad Dinner Roll 1/2 c Blushed Pears</p>	<p><b>9</b> <b>Mango BBQ Chicken Breast</b> 1/2 c Brown Rice 1/2 c Carrots Wheat Bread Fresh Orange</p>
<p><b>12</b> <b>Pot Roast w/ Gravy</b> 1/2 c Mashed Potatoes 1/2 c Mixed Vegetables 1 White Bread 1/2 c Peach Crisp</p>	<p><b>13</b> <b>Baked Salmon w/ White Wine</b> Cream Sauce 1/2 c White Rice 1/2 c Island Blend Vegetables Wheat Bread 1/2 c Cinnamon Applesauce</p>	<p><b>14</b> <b>Stadium Hot Dog</b> 1/2 c Cheesy Potatoes 1/2 c Green Beans 1 Hot Dog Roll 1/2 c Pineapple &amp; Mandarin Oranges</p>	<p><b>15</b> <b>Salisbury Steak w/ Gravy</b> Baked Potato w/ Margarine 1/2 c Warm Beets 1 Wheat Bread 1/2 c Gelatin</p>	<p><b>16</b> <b>Pesto Chicken</b> 1/2 c Buttered Pasta 1 c Toss Salad w/ tomato &amp; dressing Dinner Roll Seasonal Fresh Fruit</p>
<p><b>19</b> <b>1 c Baked Cabbage Casserole</b> w/ 2oz Sauce 1 c Tossed Salad 1 White Bread Seasonal Fresh Fruit</p>	<p><b>20</b> <b>Swedish Meatballs (4) w/ Gravy</b> 1/2 c Buttered Noodles 1/2 c Peas 1 Dinner Roll Seasonal Fresh Fruit</p>	<p><b>21</b> <b>Roast Pork w/ 2oz Sauerkraut</b> 1/2 c Whipped Potatoes w/ Chives 1/2 c Mixed Vegetables 1 Wheat Bread Cookie</p>	<p><b>22</b> <b>Baked Pollock</b> 1/2 c Macaroni &amp; Cheese 1/2 c Spinach 1 Wheat Bread 1/2 c Mandarin Oranges</p>	<p><b>23</b> <b>Taco Bake</b> (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2 c Corn w/ Pimentos 1/2c Pineapple</p>
<p><b>26</b> <b>BBQ Pulled Pork Sandwich</b> 1/2 c Hawaiiin Coleslaw 1/2 c Ranch Potatoes Sandwich Roll Cookie</p>	<p><b>27</b> <b>Baked Beef Ravioli (6 Ravioli)</b> w/ 1oz Shredded Cheese 1 c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p>	<p><b>28</b> <b>Open Faced Turkey Sandwich</b> w/ Gravy 1/2 c Whipped Potatoes w/ Chives 1/2 c Sweet Corn 1 White Bread 1 Cookie</p>	<p><b>29</b> <b>Cheeseburger</b> w/ Lettuce, Tomato 1/2 c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p><b>30</b> <b>Chicken, Spinach &amp; Cranberry Salad w/ Dressing</b> (3oz chix, 5oz cheese, 1t Cran) 1c Mixed Greens &amp; Spinach 1/2c Beets 1 Breadstick 1 Piece Cake</p>