

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>*menu subject to change</i></p>	<p>To skip or Cancel Your Meals Please Contact Your Center</p>		<p>Baked Lemon Pepper Fish 1/2 c Rice Pilaf 1/2 c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit</p>	<p>Baked Meatloaf w/ Gravy 1/2 c Mashed Potatoes 1/2 c Peas 1 White Bread 1/2 c Gelatin</p>
<p>5 Creamy Parmesan Pork Chop 1/2 c Diced Redskin Potatoes 1/2 c Green Beans 1 Dinner Roll 1/2 c Pineapple Tidbits Cookie</p>	<p>6 Pasta & Meatballs (4) 1/2 c Pasta w/ Marinara 1 c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2 c Mixed Fruit Salad</p>	<p>7 Western Omelet w/Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2 c Breakfast Potatoes 1 English Muffin w/ Jelly 4 oz Apple Juice</p>	<p>8 Grilled Chicken Caesar Salad 1 c Mixed Greens (3oz Diced Chicken 1t Parmesan, Tomato, Croutons) 1/2 c Broccoli Salad Dinner Roll 1/2 c Blushed Pears</p>	<p>9 Mango BBQ Chicken Breast 1/2 c Brown Rice 1/2 c Carrots Wheat Bread Fresh Orange</p>
<p>12 Pot Roast w/ Gravy 1/2 c Mashed Potatoes 1/2 c Mixed Vegetables 1 White Bread 1/2 c Peach Crisp</p>	<p>13 Baked Salmon w/ White Wine Cream Sauce 1/2 c White Rice 1/2 c Island Blend Vegetables Wheat Bread 1/2 c Cinnamon Applesauce</p>	<p>14 Stadium Hot Dog 1/2 c Cheesy Potatoes 1/2 c Green Beans 1 Hot Dog Roll 1/2 c Pineapple & Mandarin Oranges</p>	<p>15 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2 c Warm Beets 1 Wheat Bread 1/2 c Gelatin</p>	<p>16 Pesto Chicken 1/2 c Buttered Pasta 1 c Toss Salad w/ tomato & dressing Dinner Roll Seasonal Fresh Fruit</p>
<p>19 1 c Baked Cabbage Casserole w/ 2oz Sauce 1 c Tossed Salad 1 White Bread Seasonal Fresh Fruit</p>	<p>20 Swedish Meatballs (4) w/ Gravy 1/2 c Buttered Noodles 1/2 c Peas 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>21 Roast Pork w/ 2oz Sauerkraut 1/2 c Whipped Potatoes w/ Chives 1/2 c Mixed Vegetables 1 Wheat Bread Cookie</p>	<p>22 Baked Pollock 1/2 c Macaroni & Cheese 1/2 c Spinach 1 Wheat Bread 1/2 c Mandarin Oranges</p>	<p>23 Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2 c Corn w/ Pimentos 1/2 c Pineapple</p>
<p>26 BBQ Pulled Pork Sandwich 1/2 c Hawaiiin Coleslaw 1/2 c Ranch Potatoes Sandwich Roll Cookie</p>	<p>27 Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1 c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p>	<p>28 Open Faced Turkey Sandwich w/ Gravy 1/2 c Whipped Potatoes w/ Chives 1/2 c Sweet Corn 1 White Bread 1 Cookie</p>	<p>29 Cheeseburger w/ Lettuce, Tomato 1/2 c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>30 Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, 5oz cheese, 1t Cran) 1c Mixed Greens & Spinach 1/2c Beets 1 Breadstick 1 Piece Cake</p>