

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day <i>Center will be closed</i> No meals delivered	Chicken Burrito 4oz Pear 4oz Corn 8" WG Tortilla 3oz Diced Chicken	Beef Stew 4oz Mixed Fruit 4oz Green Beans 4oz WG Brown Rice 3oz Beef Cubes	Baked Turkey 4oz Baked Cinnamon Apples 4oz Mixed Vegetables WG Dinner Roll w/ Margarine 3oz Roasted Turkey* 4oz Mashed Potatoes	Lemon Pepper Baked Chicken 4oz Peaches 4oz Vegetable Blend 4oz Pasta Salad 3oz Diced Chicken WG Dinner Roll
Chicken & Cheese Quesadilla 4oz Seasonal Fresh Fruit 4oz Corn WG Tortilla 3oz Chicken & Cheese Salsa	Sweet & Sour Chicken 4oz Fresh Orange 4oz Stir Fry Vegetables 4oz Brown Rice 3oz Chicken*	Spaghetti & Meatballs 4oz Pears 4oz Carrots 4oz Spaghetti 3oz LS Tomato SC. Meatballs	Italian Chicken Pattie 4oz Appleslices 4oz Mixed Vegetables WG Bun 3oz Chicken Pattie	Roast Beef 4oz Fresh Seasonal Fruit 4oz California Blend 4oz Rice With Beans 3oz Roast Beef
Fish 4oz Fruit Cocktail 4oz Stewed Tomatoes WG Bun 3oz Crispy Cod <i>Tartar Sauce</i>	Shepards Pie 4oz Appleslices 4oz Peas and Carrots WG Roll 3 Ground Beef 4oz Mashed Potatoes	Beef 2oz Pear 4oz Mixed Vegetables 4oz Rice With Beans 3oz Beef	Chicken Nuggets 4oz Mandarin Orange 4oz Cauliflower 4oz WG Mac and Cheese 3oz Chicken Nuggets	Turkey Ham & Cheese Sand 4oz Applesauce 4oz Peas WG Bread 3oz Turkey Ham and Cheese Slices <i>Lettuce & Tomato</i>
Salisbury Steak 4oz Mixed Fruit 4oz Broccoli WG Roll 3oz Beef Patty w Ls Gravy 4oz Mashed Potatoes	Chicken Curry Casserole 4oz Pineapple Chunks 4oz Stir Fry Vegetables* 4oz Brown Rice 3oz Diced Chicken celery & carrots	Sloppy Joe Sandwich 4oz Fresh Seasonal Fruit 4oz Potato Salad WG Bun 3oz Ground Turkey & Sauce	Beef with Mushroom Sauce 4oz Pears 4oz Mixed Vegetables 4oz WG Rice 3oz Beef & Sauce* <i>Mushrooms*</i>	Chicken Parmesan 4oz Fresh Orange 4oz Carrots 4oz WG Pasta 3oz Chicken Breast & Cheese*
Montreal Chicken & Rice 4oz Fresh Pear 4oz Peas and Carrots 4oz Rice Pilaf 3oz Diced chicken		Menu can be subject to changes <i>*1% milk served with every meal</i>		To skip or cancel a meal Contact our office at 610-374-3195 ext.220