

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>If you need to go to an appointment and do not want to miss your meal Contact the Main Office 610-374-3195 ext 220</b></p>	<p><b>1</b> Popcorn Chicken w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p><b>2</b> Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Beets 1 Dinner Roll 1/2c Gelatin</p>	<p><b>3</b> 1c Pizza Casserole 1c Tossed Salad 1/2c Peas &amp; Carrots 1 Wheat Bread 1/2c Pudding</p>	<p><b>4</b> Chicken Alfredo 1/2c Noodles 1/2c Mixed Vegetables 1 Garlic Breadstick 1/2c Warm Apple Cranberry Crisp</p>
<p><b>7</b> Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread Seasonal Fresh Fruit</p>	<p><b>8</b> Chicken Bacon Carbonara (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c Mixed Vegetables 1 Breadstick 1/2c Mandarin Oranges</p>	<p><b>9</b> Tuna Salad Sandwich (4oz) 1/2c Macaroni Salad 1/2c Coleslaw 2 Wheat Bread Fresh Fruit</p>	<p><b>10</b> Baked Ravioli (6) w/ Tomato Cream Sauce 1/2c Green Beans 1/2c Mandarin Oranges 1 Italian Bread</p>	<p><b>11</b> Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas &amp; Carrots 1 Dinner Roll 1 Cookie</p>
<p><b>14</b> Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Applesauce</p>	<p><b>15</b> Sweet &amp; Sour Pork 1/2c Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p><b>16</b> Italian Burger (Peppers, Onions, White Cheese) 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p><b>17</b> Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 Wheat Bread Peach Crisp</p>	<p><b>18</b> BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight</p>
<p><b>21</b> Cheese Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p><b>22</b> Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick 1/2c Mandarin Oranges</p>	<p><b>23</b> Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1/2c Broccoli Salad 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p><b>24</b> Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p>	<p><b>25</b> Open Faced Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pudding</p>
<p><b>28</b> Creamy Parmesan Pork Chop 1/2c Cubed Potatoes 1/2c Spinach 1 Wheat Bread Cookie</p>	<p><b>29</b> Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Lemon Buttered Orzo 1/2c Carrots Hamburger Bun 1/2c Fruit Crisp</p>	<p><b>30</b> 1 c Pizza Casserole 1 c Tossed Salad 1/2 c Green Beans 1 Italian Bread 1/2 c Applesauce</p>	<p><b>31</b> Parmesan Chicken Over 1/2 c Lemon Asparagus Pasta 1 c Tossed Salad W/Tomato 1 Italian Bread 1/2 c Apple Crisp</p>	<p><b>To SKIP or CANCEL meals please contact 610-374-3195 ext 220</b></p>