

Monday	Tuesday	Wednesday	Thursday	Friday
2 Teriyaki Pork 1/2c. Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit	3 Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Fruit Crisp	4 Italian Burger (1T Peppers, Onions, & White Cheese) 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	5 Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 wheat bread 1 Cookie	6 BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight
9 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	10 Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick Fresh Orange	11 Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, HB Egg over 1c Mixed Greens) 1/2c Broccoli Salad 1 Dinner Roll 1/2c Gelatin	12 3oz Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple	13 4oz Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit
16 Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Potato wedge 1/2c corn Hamburger Bun 1/2c Fruit Crisp	17 Pork Chop w/ Gravy 1/2c. Rice 1/2c Candied Carrots 1 Dinner Roll cookie	18 Roast Turkey w/ Gravy 1/4c. Homeade Stuffing 1/2c Whipped Potatoes 1/2c. Seasoned Peas & Carrots Dinner Roll Apple Pie	19 Lasagna w/ Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit	20 Chicken Bruschetta 3oz Chix, 2oz Tomato .5oz Cheese 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit
23 1c Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange	24 Merry Christmas! Center is closed for the Holiday	25 Merry Christmas! Center is closed for the Holiday	26 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 Wheat Bread 1/2c Gelatin	27 Pasta & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad
30 3oz Honey BBQ Chicken Breast 1/2c Brown Rice 1/2c Carrots Wheat Bread Seasonal Fresh Fruit	31 New Years Eve Pulled Pork w/ Sauerkraut 1/2c Whipped Potatoes w/ chives 1/2 c. Mixed Vegetables Wheat Bread Applesauce Cake	If you need to go to an appointment and do not want to miss your meal Contact the Main Office 610-374-3195 ext. 220	menu subject to change	To skip or cancel a meal Please contact Our office at 610-374-3195 ext. 220