

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>If you need to go to an appointment and do not want to miss your meal Contact the Main Office 610-374-3195 ext. 220</i></p>	<p>To skip or cancel a meal Please contact Our office at 610-374-3195 ext. 220</p>	<p>Happy New Year! 1  <b>Center is closed for the Holiday</b></p>	<p>2 <b>Baked Cod</b> 1/2c Macaroni &amp; Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>3 <b>Taco Salad</b> (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Black Beans 1/2c Pineapple</p>
<p>6 <b>Sloppy Joe</b> 1/2c Roasted Sweet Potatoes 1/2c Green Beans 1 White Hamburger Bun Fresh Fruit</p>	<p>7 <b>Popcorn Chicken</b> w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p>8 <b>Turkey Chef Salad</b> (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Mixed Vegetables 1 Dinner Roll 1/2c Gelatin</p>	<p>9 <b>Stuffed Pepper Casserole</b> 1c Tossed Salad 1/2c Peas &amp; Carrots 1 White Bread 1/2c Pudding</p>	<p>10 <b>Chicken Alfredo (2oz Sauce)</b> 1/2c Noodles 1c Tossed Salad 1 Garlic Breadstick 1/2c Warm Apple Cranberry Crisp</p>
<p>13 <b>Baked Meatloaf</b> w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Seasonal Fresh Fruit</p>	<p>14 <b>Chicken Bacon Carbonara</b> (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges</p>	<p>15 <b>Pot Roast w/ 2oz Gravy</b> 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Fruit Crisp</p>	<p>16 <b>Baked Ravioli w/</b> 2oz Tomato Cream Sauce 1c Tossed Salad 1/2c Mandarin Oranges 1 Italian Bread</p>	<p>17 <b>Sliced Ham</b> 1/2c Orange Blossom Sweet Potatoes 1/2c Peas &amp; Carrots 1 Dinner Roll 1 Cookie</p>
<p>20 <b>Sweet &amp; Sour Pork</b> 1/2c. Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>21 <b>Tuna Salad Sandwich</b> 1/2c Beets 1/2c Coleslaw 2 Wheat Bread Fresh Fruit</p>	<p>22 <b>BBQ Pork Ribette</b> 1/2c Hashbrown Cubes 1/2c Green Beans 1 White Sandwich Bun 1/2c Pineapple Delight</p>	<p>23 <b>Cheeseburger</b> w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>24 <b>Italian Burger</b> (1T Peppers, Onions, White Cheese) 1/2c Potato Salad 1 Hamburger Roll Fruit Crisp</p>
<p>27 <b>Burgundy Glazed Meatballs</b> 1/2c Rice 1/2c Carrots 1 Italian Breadstick 1/2c Mandarin Oranges</p>	<p>28 <b>Vegetable Lasagna</b> 1c Tossed Salad 1 Breadstick 1/2c Pineapple 1 Cookie</p>	<p>29 <b>Grilled Chicken Salad</b> (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1/2c Broccoli Salad 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>30 <b>Swiss Steak w/ Gravy</b> 1/2c Buttered Noodles 1/2c Spinach 1 Dinner Roll Fresh Fruit</p>	<p>31 <b>Open Faced Roast Beef</b> w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding</p>