



berks**encore** 

beConnected

THANK YOU, VOLUNTEERS!

As the sun shines on Berks County, what a perfect time to join us here at Berks Encore. Your energy, compassion, and commitment are essential in bringing warmth, connection, and care to the older adults we serve.

Whether you're delivering a hot lunch, sharing a smile at the door, delivering groceries, offering companionship or helping behind the scenes at our office, you're making a real impact – one meal and one meaningful moment at a time.

We're so glad you've joined us this summer. Let's make it a season full of sunshine, service, and community spirit!

WELCOME ABOARD!!!

Let's give a warm welcome to the following new volunteers:

| | |
|----------------------|-------------------|
| Abilities In Motion | Joan Pacifico |
| Lucas Barbera | Maxim Health Care |
| Ralph & Susan Kuzma | Maggie Hansen |
| Kathryn Trout | Reading Truck |
| Elizabeth Eisenhower | Frank Yeagle |
| Shelley Fayewicz | |

MARK YOUR CALENDAR

Holiday Closure Dates:

Monday, Sept. 1 - Labor Day



URGENT NEED: Meals on Wheels Volunteers – Reading Center!

Berks Encore is in URGENT need of volunteers at our Reading Center to help pack and deliver meals to homebound seniors. If you are not currently a Meals on Wheels volunteer, please consider helping. Please share the need with family members or friends!

Why It Matters:

- Our seniors depend on daily hot meals and a friendly face to stay healthy and connected.
- Without enough volunteers, routes may be delayed or missed – and for many, this is their only meal and human contact of the day.

Just a small slice of your morning will help us make sure no senior in Reading goes hungry or unseen.

Contact Michelle Goodhart

610-374-3195 Ext. 225

email: mgoodhart@berksencore.org

UPCOMING EVENTS!

Roper Romp Brunch & Dessert

Saturday, August 2, 2025

visit berksencore.org for tickets

Berks Encore Morning Game at the Reading Fightin' Phils - Tuesday, September 9, 2025

Free tickets will be available at Berks Encore Centers in August.

Berks Encore Senior Expo at the Ball Park brought to you by Redner's, Ensure & Glucerna

Tuesday, September 30, 2025

Free Admission & Parking

60th Birthday Celebration

Tuesday, December 2, 2025

visit berksencore.org for tickets

YOU'RE INVITED

VOLUNTEER APPRECIATION PICNIC

WEDNESDAY, SEPT. 10

1:00 - 3:00PM

**STRAUSSTOWN
LIONS PARK**

**10 WILSON AVE.
STRAUSSTOWN**

**KAUFFMAN'S
CHICKEN
LUNCH &
ENTERTAINMENT**

**PLEASE RSVP TO YOUR
CENTER MANAGER BY
FRIDAY, AUGUST 29, 2025
OR**

EMAIL:

MGOODHART@BERKSENCORE.ORG

610-374-3195 EXT. 225

**WE HOPE TO
SEE YOU!**

HELPFUL TIPS & REMINDERS

Stay Cool & Hydrated

- Drink plenty of water
- Wear light-colored, breathable clothing and sunscreen.
- Take breaks in the shade or in your car's AC between stops when needed.

Your Wellbeing Matters

- Know your limits. If you're feeling overheated, tired, or unwell, let us know.
- Reach out for help if a route feels too long in the heat — we're here to support you!

Check in on Seniors' Comfort

- Ask clients if they're keeping cool — some may hesitate to use fans or AC to save money.
- Look out for signs of heat stress (e.g., confusion, fatigue, or dizziness).
- Report any concerns to the Berks Encore office immediately.

