



November 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheeseburger 6oz Low Fat Milk 2oz Appleslices 2oz Lettuce and Tomato Slice 1/2 WG Bun 1.5oz Hamburger & Cheese 2oz <i>Baked Wedge Fries</i>	Chicken Curry Casserole 6oz Low Fat Milk 2oz Pineapple Chunks 2oz Stir Fry Vegetables* 2oz Brown Rice 1.5oz Diced Chicken <i>celery & carrots</i>	Sloppy Joe Sandwich 6oz Low Fat Milk 2oz Fresh Seasonal Fruit 2oz Potato Salad 1/2 WG Bun 1.5oz Ground Turkey & Sauce	Beef with Mushroom Sauce 6oz Low Fat Milk 2oz Pears 2oz Mixed Vegetables 2oz WG Rice 1.5oz Beef & Sauce* <i>Mushrooms*</i>	Chicken Parmesan 6oz Low Fat Milk 2oz Fresh Orange 2oz Carrots 2oz WG Pasta 1.5oz Chicken Breast & Cheese*
10	11	12	13	14
Montreal Chicken & Rice 6oz Low Fat Milk 2oz Fresh Pear 2oz Peas and Carrots 2oz Rice Pilaf 1.5oz Diced chicken	Turkey Cheeseburger 6oz Low Fat Milk 2oz Tropical Fruit 2oz Lettuce and Tomato 1/2 WG Bun 1.5oz Turkey Burger & Cheese	BBQ Meatballs 6oz Low Fat Milk 2oz Pears 2oz Winter Blend WG Corn Bread 1.5oz BBQ Meatballs 2oz <i>Mashed Potatoes</i>	Lasagna Roll with Meat Sauce 6oz Low Fat Milk 2oz Fresh Orange 2oz Steamed Broccoli 1 WG Cheese Lasagna Rollup 1.5 oz Ground Meat in Sauce 1/2 WG Roll	Chicken Fajita 6oz Low Fat Milk 2oz Pears 2oz Corn 1/2 WG 8" Tortilla 1.5oz Fajita Chicken w/Cheese <i>Sauteed Peppers and Onions</i>
17	18	19	20	21
Homestyle Meat Loaf 6oz Low Fat Milk 2oz Clementine 2oz Green Beans 1/2 WG Bread w/ Margarine 1.5oz Meatloaf <i>Mashed Potatoes</i>	BBQ Chicken 6oz Low Fat Milk 2oz Seasonal Fresh Fruit 2oz California blend 2oz Brown Rice 1.5oz Chicken* <i>BBQ Sauce*</i>	Philly Cheesesteak 6oz Low Fat Milk 2oz Pear 2oz Coleslaw 1/2 Hoagie Roll 1.5oz Beef Steak Slices w/Cheese <i>Mushrooms, Pepps & Onion*</i>	Spaghetti w Meat Sauce 6oz Low Fat Milk 2oz Fresh Orange 2oz Steamed Broccoli 2oz WG Spaghetti 1.5oz Ground Beef & Sauce <i>Garlic Bread</i>	Salisbury Steak 6oz Low Fat Milk 2oz Mixed Fruit 2oz Broccoli WG Roll 1.5oz Beef Patty w Ls Gravy 2oz <i>Mashed Potatoes</i>
24	25	26	27	28
Chicken Tenders 6oz Low Fat Milk 2oz Fresh Seasonal Fruit 2oz Green Beans 2oz WG Macaroni & Cheese 1.5oz Chicken Tenders	Glazed Turkey Ham Slice 6oz Low Fat Milk 2oz Mixed Fruit 2oz Fresh Tossed Salad* WG Bread w/Margarine 1.5oz Turkey Ham w/ Pineapple 2oz <i>Mashed Potatoes</i>	Chicken Fricasse 6oz Low Fat Milk 2oz Applesauce 2oz Peas 2oz Brown Rice 1.5oz Stewed Chicken * <i>Potatoes, Carrots, Celery*</i>	Center Closed Happy Thanksgiving!	Center Closed Happy Thanksgiving!
				To Skip or Cancel your meals please call 610-374-3195 ext. 220