

# Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker

## March 2026 Activities/Programs



Berks County  
Area Agency on Aging

- Every Monday:** 10 a.m. – Ener-Chi – 60 + FREE \* A mix of Chair Yoga, Tai Chi & Meditation
- Every Wednesday :** 10 a.m. – Yoga Flow – 60 + FREE \* A mix of Yoga, Kung Fu, Tai Chi, and Qigong
- Every Thursday:** 10 a.m. – Chair Yoga – 60 + FREE \*  
1 p.m.- Tai Chi I – 60 + FREE
- Every Friday:** 9:15 a.m.- Zumba Gold\* 60 + FREE  
1 p.m. – Country Line Dancing ( \$1 )  
2 p.m. - Country Line Dancing Advanced

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**Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.**  
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Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.  
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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 10:00 am :** Adult Coloring with Dayspring
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing ( \$1 )
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced
  
- **Monday and Wednesday March 2, 4, 9, 11, 16, 18, 23, 25, and 30 @ 10 am:** Reading with Seniors and YMCA pre- schoolers and tots. Please consider spending some time reading to our YMCA kids. Please call Terry to volunteer.
- **Monday March 2, 9, 23, and 30 @ 1:30 pm:** Pound Class with Kathy Roberts.
- **Monday March 9 @ 10:30 am:** Easter craft with Kathy. No Cost. Please sign up with Terry.
- **Thursday March 12 @ 10:00 am :** Join us for National Popcorn Lover’s Day. Plain or with mix ins!
- **Thursday March 12 and 26 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies
- **Friday March 13 @ 10: 30 am :** Mystery Prize Bingo with Teresa from Maiden creek Place
- **Wednesday March 18 @ 10:30 am:** Beeswax craft with Peggy. 5.00 cost. Call Terry to sign up.
- **Thursday March 19 @ 11:00 am:** Energy Balancing Through Reiki and Reflexology with Michael Angelone.\* This program will teach us how to restore balancing energy within the body.
- **Friday March 20 @ 12:30 pm:** Lunch Bunch @ Crossroads Restaurant. Please RSVP to Terry.
- **Friday March 27 @ 10 am:** Bingo and Happy March Birthdays with cake.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

**\*Classes generously funded by Berks County Area Agency on Aging**

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### **Berks Encore Virtual Exercise Classes**

Tuesday @ 10 am – Virtual Tai Chi level I    Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

**These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or [Tbecker@berksencore.org](mailto:Tbecker@berksencore.org)**