

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:30 SIT &amp; GET FIT-Patti</b> 11am BINGO with Pottstown Nursing & Rehab	2) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:30 POUND/Kathy</b> 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion/Kate	3)  <b>HAPPY EASTER!</b>  <b>CLOSED</b>
6) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:30 CHAIR YOGA/</b> Patti 11am Prostate Cancer with Fox Chase <b>*11:15 POUND 2 /Kathy</b>	7) 9-11 PICKLEBALL 9-2 Pool/Game Lounge <b>*10am TAI CHI Intro/Jan</b> <b>*11am TAI CHI Adv/Jan</b> <b>*11:30 DANCERSIZE</b> with Patti	8) <b>9-11 PICKLEBALL</b> 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:30 SIT &amp; GET FIT/</b> Patti 11am BINGO with David 1pm BOOK CLUB	9) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES <b>*10:30 POUND /Kathy</b> 9am Healthy Steps in Motion/Kate	10) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:15 LINE DANCING/</b> Jean & Linda 10:30am MEXICAN TRAIN DOMINOES
<b>13)9-11 PICKLEBALL</b> <b>9-2 Pool/Game Room</b> <b>9-2 Fitness Room</b> <b>*10:30 CHAIR YOGA</b> 11am BINGO with A Sense of Peace Homecare <b>*11:15 POUND 2 /Kathy</b>	14) 9-11 PICKLEBALL 9-2 Pool/Game Lounge <b>*10am TAI CHI Intro/Jan</b> <b>*11am TAI CHI Adv/Jan</b>	15) <b>9-11 PICKLEBALL</b> <b>9-2 Pool/Game Lounge</b> <b>9-2 Fitness Room</b> <b>*10:30 SIT&amp;GET FIT/Patti</b> <b>*11am REJUVENATE</b> with Kaleidoscope Angels	16) 9-11 PICKLEBALL 9-2 Pool/ Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES <b>*10:30 POUND/Kathy</b> 9am Healthy Steps in	17) 9-11 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room 11am Mystery BINGO with Amity Place
20) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room <b>*10:30 CHAIR YOGA/</b> Patti <b>*11am CRAFT/Beth</b> <b>*11:15 POUND 2 /Kathy</b>	21) 9-11 PICKLEBALL 9-2 Pool/Game Room <b>*10am TAI CHI Into/Jan</b> <b>*11am TAI CHI Adv/Jan</b> <b>*11:30 DANCERSIZE</b> with Patti	22) 9-11 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room <b>*10:30 SIT &amp; GET FIT/Patti</b> 11am Oasis Senior Advisors/ Presentation Comfort Keepers Grane Hospice Care	23) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES <b>*10:30 POUND/Kathy</b> 9am Healthy Steps in Motion/ Kate	<b>24) 9-11 PICKLEBALL</b> <b>9-2 Pool/Game Lounge</b> <b>9-2 Fitness Room</b> <b>*10:15 LINE DANCING</b> w/Jean & Linda <b>10:30 MEXICAN TRAIN</b> <b>DOMINOES</b>
<b>27)9-11 PICKLEBALL</b> <b>*10:30 CHAIR YOGA</b> <b>*11 Oldies but Goodies</b> Guitar Melodies/Rinny <b>*11:15 POUND 2/Kathy</b>	<b>28) 9-11 PICKLEBALL</b> <b>9-2 Pool/Game Lounge</b> <b>*10am TAI CHI Intro/Jan</b> <b>*11am TAI CHI Adv/Jan</b>	29)9-11 PICKLEBALL 9-2 Pool/Game Lounge <b>*10:30 SIT &amp; GET FIT/Patti</b> <b>*11am BOOMBOX BINGO</b> with Rich	30)9-11 Pickleball <b>*10:30 POUND/Kathy</b> 10:30 MEXICAN TRAIN- DOMINOES 9am Healthy Steps in Motion	<b>*FUNDED BY BERKS</b> <b>COUNTY AREA ON</b> <b>AGING</b>

**Berks Encore  
Douglassville**  
  
2144 Weavertown  
Rd.  
Douglassville, PA  
19518  
  
610-582-1603  
M-F 8am-3pm

**APRIL  
2026**

**Dine-in or  
to-go Lunches**  
  
**Monday--  
Friday**  
Reserve 2 days in  
advance.  
\$2.50 Suggested  
Donation