

# Berks Encore - Strausstown Center



Monday-Friday 8 am – 3 pm \* 44. E. Ave. Strausstown, PA \* 610-488-5770

Center Manager – Andrea Gebely – agebely@berksencore.org

## APRIL 2026 Activities/Programs

**\*\*The Center will be CLOSED Friday April 3 in observance of Good Friday\*\***

- EVERY DAY** 8 a.m. – 3 p.m. - Fitness Room @ the Center
- Every Monday:** 10 a.m. – Sit & Get Fit w/ Linda – FREE to anyone  
1:15 p.m. – Pilates Mat Sculpt – FREE to anyone 60+ **\*\*NEW CLASS\*\***
- Every Tuesday:** 10:15 a.m. - Zumba Gold Toning – FREE\* to anyone 60+
- Every Wednesday:** 9:00 a.m. – Pickleball @ Strausstown Lion’s Park  
10:15 a.m. - Chair Zumba – FREE\* to anyone 60+
- Every Thursday:** 9:00 a.m. – Chair Yoga – FREE\* to anyone 60+
- Every Friday:** 9:00 a.m. – Pickleball @ Strausstown Lion’s Park  
10:15 a.m. - Zumba Gold Toning – FREE\* to anyone 60+ **\*\*NO class on April 24\*\***

\*\*\*\*\*  
**JOIN US FOR LUNCH. Mon.-Fri. 11:45 a.m. Menu Available**

Reserve your meal, 2 working days in advance. \$2.50 donation suggested.

- EVERY Monday @ 11 am:** Bingo & Lunch - \$4/person
- EVERY Tuesday @ 12:30 pm:** Pinochle – come join our card playing group!
- EVERY Wednesday @ 11:15 am:** Dominoes
- EVERY Wednesday @ 12:30 p.m.:** ‘Let’s Make Art’ Learn to Watercolor Painting Series
- Wednesdays from 9-11 am:** Matter of Balance Evidence based class - \*class is currently full, but see Andrea to get on waiting list
- Thursday April 2 @ 12:30 pm:** Beeswax class w/ Peggy Allen - \*this is a rescheduled class that is currently full, please see Andrea to get on waiting list
- Thursday April 9 @ 12:30 pm:** Surprise Package Bingo w/ Rita & Barry - \$3/person must sign up
- Tuesday April 14 @ 11:15 am:** Craft w/ Genesis HealthCare – please sign up!
- Thursday April 16 @ 10:30 am and 12:30 pm:** Poodle Skirt Craft class - \$10/person – make a skirt to get ready for the 50’s Sock Hop Party!!!
- Friday April 17 @ Noon:** Lunch Bunch @ Rise-n-Shine Café - Rehrersburg
- Wednesday April 22 @ 12:30 pm:** Candy Bingo w/ David
- Thursday April 23 @ 12:30 pm:** Movie Matinee at the Hamburg Strand – “The Choral”
- Friday April 24 @ 11 am – 2 pm:** 50’s Sock Hop Party – come dance the day away - \$3/person OR bring a new pair of socks for free admission
- Monday April 27 @ 11 am:** JACKPOT BINGO - \$10 winner each game –\$4/person for lunch & bingo
- Friday April 30 @ 11 am:** Lunch & Learn w/ Paul Miller – “Blue Marsh & the Pleasant Valley – One Last Look” An exploration of the history and creation of Blue Marsh



← “Strausstown Center – Berks Encore”

\*\*\*\*\*  
**Berks Encore Virtual Exercise Classes**

- Tuesday @ 10 am – Virtual Tai Chi level I      Tuesday @ 11 am – Virtual Tai Chi level II
- Wednesday @ 10:15 am – Virtual Chair Zumba      Tuesday & Friday @ 10:15 a.m. - Zumba Gold Toning

**These classes will be conducted virtually through Zoom. To register and find out more information, please contact Andrea Gebely at 610.488.5770 or [agebely@berksencore.org](mailto:agebely@berksencore.org)**