

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>To skip or cancel your meals</b> <b>Please contact</b> <b>610-374-3195</b> <b>Ext. 220</b></p>		<p><b>Spaghetti &amp; Meatballs</b> 8oz Low Fat Milk 4oz Pears 4oz Carrots 4oz Spaghetti 3oz LS Tomato SC. Meatballs</p>	<p><b>Italian Chicken Pattie</b> 8oz Low Fat Milk 4oz Appleslices 4oz Mixed Vegetables WG Bun 3oz Chicken Pattie</p>	<p><b>Closed</b></p>
<p><b>Turkey Ham/Cheese Sandwich</b> 8oz Low Fat Milk 4oz Applesauce 4oz Peas WG Bread 3oz Turkey Ham and Cheese Slices</p>	<p><b>Shepards Pie</b> 8oz Low Fat Milk 4oz Appleslices 4oz Peas and Carrots WG Roll 3 Ground Beef 4oz Mashed Potatoes</p>	<p><b>Beef</b> 8oz Low Fat Milk 4oz Pear 4oz Mixed Vegetables 4oz Rice With Beans 3oz Beef</p>	<p><b>Chicken Nuggets</b> 8oz Low Fat Milk 4oz Mandarin Orange 4oz Cauliflower 4oz Mac and Cheese 3oz Chicken Nuggets</p>	<p><b>Fish</b> 8oz Low Fat Milk 4oz Mixed Fruit 4oz Stewed Tomatoes WG Bun 3oz Crispy Cod Tartar Sauce</p>
<p><b>Salisbury Steak</b> 8oz Low Fat Milk 4oz Mixed Fruit 4oz Broccoli WG Roll 3oz Beef Patty w Ls Gravy 4oz Mashed Potatoes</p>	<p><b>Chicken Curry Casserole</b> 8oz Low Fat Milk 4oz Pineapple Chunks 4oz Stir Fry Vegetables* 4oz Brown Rice 3oz Diced Chicken celery &amp; carrots</p>	<p><b>Sloppy Joe Sandwich</b> 8oz Low Fat Milk 4oz Fresh Seasonal Fruit 4oz Potato Salad WG Bun 3oz Ground Turkey &amp; Sauce</p>	<p><b>Beef with Mushroom Sauce</b> 8oz Low Fat Milk 4oz Pears 4oz Mixed Vegetables 4oz WG Rice 3oz Beef &amp; Sauce* Mushrooms*</p>	<p><b>Chicken Parmesan</b> 8oz Low Fat Milk 4oz Fresh Orange 4oz Carrots 4oz WG Pasta 3oz Chicken Breast &amp; Cheese*</p>
<p><b>Montreal Chicken &amp; Rice</b> 8oz Low Fat Milk 4oz Fresh Pear 4oz Peas and Carrots 4oz Rice Pilaf 3oz Diced chicken</p>	<p><b>Turkey Burger</b> 8oz Low Fat Milk 4oz Mixed Fruit 4oz Lettuce and Tomato WW Bun 3oz Turkey Burger</p>	<p><b>Texas BBQ Beef</b> 8oz Low Fat Milk 4oz Pears 4oz Winter Blend WG Corn Bread 3oz BBQ Beef Rib 4oz Mashed Potatoes</p>	<p><b>Chicken Tenders</b> 8oz Low Fat Milk 4oz Fresh Seasonal Fruit 4oz Green Beans 4oz WG Macaroni &amp; Cheese 3oz Chicken Tenders</p>	<p><b>Chicken Fajita</b> 8oz Low Fat Milk 4oz Pears 4oz Corn WG 8" Tortilla 3oz Fajita Chicken w/Cheese Sauteed Peppers and Onions</p>
<p><b>Homestyle Meat Loaf</b> 8oz Low Fat Milk 4oz Clementine 4oz Green Beans WG Bread w/ Margarine WG Bread w/ Margarine 4oz Mashed Potatoes</p>	<p><b>BBQ Chicken</b> 8oz Low Fat Milk 4oz Seasonal Fresh Fruit 4oz California blend 4oz California blend 3oz Chicken</p>	<p><b>Philly Cheesesteak</b> 8oz Low Fat Milk 4oz Pear 4oz Coleslaw WG Hoagie Roll 3oz Beef Steak Slices &amp; Cheese* Mushrooms, Pepps &amp; Onion*</p>	<p><b>Spaghetti w Meat Sauce</b> 8oz Low Fat Milk 4oz Fresh Orange 4oz Steamed Broccoli 4oz WG Spaghetti 3oz Ground Beef &amp; Sauce Garlic Bread</p>	<p><b>*1% milk served with every meal</b>  <b>*menu subject to change</b></p>