

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*FUNDING PROVIDED BY BERKS COUNTY AREA AGENCY ON AGING</p> <p>4) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA/ Patti *11am OLDIES BUT GOODIES/ GUITAR MELODIES/Rainy *11:15 POUND 2 /Kathy</p>	<p>5) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 DANCERSIZE with Patti</p>	<p>6) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/ Patti 11am BINGO with Posttown Nursing & Rehab</p>	<p>7) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES *10:30 POUND /Kathy 9am Healthy Steps in Motion/Kate</p>	<p>1) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:15 LINE DANCING/ Jean & Linda 10:30 MEXICAN TRAIN DOMINOES</p>
<p>11) 9-11 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room *10:30 CHAIR YOGA 11am BINGO with A Sense of Peace Homecare *11:15 POUND 2 /Kathy</p>	<p>12) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan</p>	<p>13) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti 11am BINGO/David 1pm BOOK CLUB</p>	<p>14) 9-11 PICKLEBALL 9-2 Pool/ Game Lounge 9-2 Fitness Room 11am BLADDER CANCER with Fox Chase *10:30 POUND/Kathy 9am Healthy Steps in Motion/Kate</p>	<p>15) 9-11 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room *10am HERB GARDEN WOOD BOX & HERBS With Cozy Quarters Decor</p>
<p>18) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA/ Patti *11am CRAFT/Beth</p>	<p>19) 9-11 PICKLEBALL 9-2 Pool/Game Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 DANCERSIZE with Patti</p>	<p>20) 9-11 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti *11am REJUVENATE with Kaleidoscope Angels</p>	<p>21) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion/ Kate</p>	<p>22) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:15 LINE DANCING w/Jean & Linda 10:30 MEXICAN TRAIN DOMINOES</p>
<p>25) HAPPY MEMORIAL DAY! CLOSED</p>	<p>26) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan</p>	<p>27) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti *11am BOOMBOX BINGO with Rich</p>	<p>28) 9-11 Pickleball *10:30 POUND/Kathy 10:30 MEXICAN TRAIN- DOMINOES 9am Healthy Steps in Motion/ Kate</p>	<p>29) 9-11 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES</p>

**Berks Encore
Douglassville**
2144 Weaverstown
Rd.
Douglassville, PA
19518
610-582-1603
M-F 8am-3pm

**MAY
2026**

**Dine-in or
to-go Lunches**
**Monday-
Friday**
Reserve 2 days in
advance.
\$2.50 Suggested
Donation