



# MAY-Center Activities

Monday-Friday 8:00 AM to 3:00PM

**Reading**  
**40 N 9<sup>th</sup> ST**  
**610-374-3195**

**Ivette Malave-Soto, Center Manager**  
**Email: [IMalave-Soto@berksencore.org](mailto:IMalave-Soto@berksencore.org)**  
**\*\*All Classes and Activities are FREE unless noted\*\***

*\*Classes and programs marked with an (\*) are courtesy of funding from*



CLOSED 5/25 (MEMORIAL DAY)

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- EVERY Monday** 11:00 AM: Let's Get Started with Kathy Roberts  
 12:30 PM: Noodleball (Lower level)
- EVERY Tuesday** 10:15 AM: Sit and Get Fit with Barbara Mills\*
- EVERY Wednesday** 11:00 AM: Seated Zumba Gold with Jen DeBlase\* **NO Zumba 5/1**
- EVERY Thursday** 12:30 PM: GROCERY BINGO (**\$2 fee**) **NO Grocery Bingo 5/14 & 5/21**
- EVERY Friday** 10:00 AM: Seated Zumba Gold Toning with Jen DeBlase\*  
 12:30 PM: CASH BINGO (**Purchase boards to play**) **NO Cash Bingo 5/1 & 5/29**

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**Additional Activities:**

- Friday, 5/1 11:00AM: Bingo! With Oak St. Health
- Monday, 5/4 12:30PM: Ice cream Sundaes & Presentation with Nova Home Care
- Tuesday, 5/5 12:30PM: Candy Bingo! With David "The Candy Man"
- Wednesday, 5/6 12:30PM: Bingo with Capital Blue Cross
- Thursday, 5/7 10:00AM: Pokeno! (Lower Level) (**\$1 Fee**)
- Monday, 5/11 10:30AM: Books and More Brought to You! (**bring your library card**)  
 Color My World with Ryan from the Reading Public Library
- Tuesday, 5/12 12:30PM: Medicare Questions & Answers with PAMedi Counselor
- Thursday, 5/14 10:00AM: Cooking Class with PennState
- Tuesday, 5/19 12:30PM: Boombox Bingo! (**\$1 Fee**)
- Wednesday, 5/20 10:00AM: Create with Ivette! (**Signup required**)
- Thursday, 5/21 11:00AM: Celebrate Life Event!
- Wednesday, 5/27 10:00AM: Oh! Oh! DOMINOES! (Lower-level game room)
- Thursday, 5/28 11:00AM: UNO with Ivette! **\*Prizes Included\*** (Lower-level game room)
- Friday, 5/29 12:30PM: Bingo with Nicki & Yaz

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**AVAILABLE EVERYDAY**

Cardio Equipment, Billiards, Nok Hockey, Dominoes, Playing Cards, Board Games, Adult Coloring, Lending Library, and Computer/Internet Access.

**JOIN US FOR LUNCH**

Monday-Friday 12:00 PM Reserve your meal 2 working days in advance.  
**\$2.50 suggested donation**