

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1)9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA/ Patti 11am Lung Cancer/Fox Phase *11:15 POUND II with Kathy Graul	2)9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan	3)9-11 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room *10:30 SIT & GET FIT 11am BINGO with Pottstown Nursing & Rehab	4)9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 POUND with Kathy Graul 10:30 Mexican Train Dominoes 9am HEALTHY STEPS IN MOTION/Kate	5) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:15 LINE DANCING with Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
8) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA with Patti 11am BINGO with A Sense of Peace Homecare *11:15 POUND II with Kathy Graul	9) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan	10) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/ Patti 11am BINGO with David 1pm BOOK CLUB	11) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES *10:30 POUND with Kathy Graul 9am Healthy Steps in Motion/Kate	12) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 11am DEMO/TRIVIA MEDMINDER/ Community Outreach
15)9-11 PICKLEBALL 9-2 Fitness Room *10:30 CHAIR YOGA *11am CRAFT/Beth *11:15 POUND II with Kathy Graul	16) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan	17) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti *11am REJUVENATE with Kaleidoscope Angels	18) 9-11 PICKLEBALL 9-2 Pool/ Game Lounge 9-2 Fitness Room *10:30 POUND with Kathy Graul 9am Healthy Steps in Motion /Kate	19) CLOSED
22) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA *11:15 POUND/Kathy Graul *11am Oldies but Goodies Guitar Melodies / Rinny	23)9-11 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan	24) 9-11 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti *11am BOOMBOX BINGO/ Rich	25) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 POUND/KathyGraul 10:30MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion/ Kate	26) 9-11 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:15 LINE DANCING w/Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
29)9-11 PICKLEBALL 10:30 CHAIR Yoga /Patti 11am Hand Making Dog Biscuits /A Sense of Peace *11:15 POUND II/Kathy Graul	30) 9-11 PICKLEBAL 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan		*FUNDING PROVIDED BY BERKS COUNTY AREA AGENCY ON AGING	

**Berks Encore
Douglassville**

2144 Weavertown
Rd.
Douglassville, PA
19518

610-582-1603
M-F 8am-3pm

JUNE 2026

**Dine-in or
to-go Lunches**

**Monday–
Friday**

Reserve 2 days in
advance.

\$2.50 Suggested
Donation