

# Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker

## June 2026 Activities/Programs



Berks County  
Area Agency on Aging

- Every Monday:** 10 a.m. – Ener-Chi – 60 + FREE \* A mix of Chair Yoga, Tai Chi & Meditation
- Every Wednesday :** 10 a.m. – Yoga Flow – 60 + FREE \* A mix of Yoga, Kung Fu, Tai Chi, and Qigong
- Every Thursday:** 10 a.m. – Chair Yoga – 60 + FREE \*  
1 p.m.- Tai Chi I – 60 + FREE
- Every Friday:** 9:15 a.m.- Zumba Gold 60 + FREE\* NO CLASS JUNE 5th AND 19th  
1 p.m. – Country Line Dancing ( \$1 ) NO CLASS JUNE 19th  
2 p.m. - Country Line Dancing Advanced

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**Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.**  
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Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.  
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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 10:00 am :** Adult Coloring with Dayspring
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing ( \$1 )
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced
  
- **Monday June 1, 8, 15, 22, and 29 @ 1:30 pm:** Pound Class with Kathy Roberts.
- **Tuesday June 2, 9, 16,23, and 30 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
- **Tuesday June 2, 9, 16, 23, and 30 @ 11:00 am:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
- **Wednesday June 3 @ 9:30 am:** Penn State Health Nutrition class. Simple smoothies. Please see Terry to sign up.
- **Monday June 8 @ 10:30 am:** Bracelet craft with Kathy. No Cost. Please sign up with Terry.
- **Wednesday June 10 @ 10:30 am:** Medicare 101 presentation. Call Terry to sign up.
- **Thursday June 11 and 25 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies
- **Friday June 19 @ 1:00 pm:** Lunch Bunch@ Applebees, Muhlenberg Twp. RSVP to Terry or Kandy.
- **Friday June 19 : Center Closed. June Teenth Observance.**
- **Friday June 26 @ 10 am:** Bingo and Happy June Birthdays with cake. Ice cream sponsored by Berks Heim.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

**\*Classes generously funded by Berks County Area Agency on Aging**

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### **Berks Encore Virtual Exercise Classes**

Tuesday @ 10 am – Virtual Tai Chi level I    Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

**These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or [Tbecker@berksencore.org](mailto:Tbecker@berksencore.org)**