

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Creamy Vegetable Lasagna</b> .5oz Shredded Mozzarella 1/2c California Blend Vegetables 1/2c Peas & Onions 1 Garlic Breadstick Seasonal Fresh Fruit	<b>2</b> <b>Meatball Hoagie (3)</b> <b>w/ .5oz Mozzarella Cheese</b> 1/2c Pasta 1/2c Green Beans Seasonal Fresh Fruit 1 Hot Dog Bun	<b>3</b> <b>3oz Fire Grilled Chicken Breast</b> 1/2c Cheesy Broccoli & Rice 1/2c Carrots 1/2c Diced Pears 1 Dinner Roll	<b>4</b> <b>Cheeseburger</b> 1/2c Golden Roasted Potatoes 1/2c Baked Beans 1 Hamburger Bun 1/2c Mandarin Oranges	<b>5</b> <b>3oz Open Faced Turkey Sandwich w/ 2oz Gravy</b> 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
<b>8</b> <b>Stadium Hot Dog</b> 1/2c Cheesy Potatoes 1/2c Seasoned Green Peas 1 Hot Dog Bun 1/2c Pineapple Tidbits	<b>9</b> <b>Turkey Chef Salad</b> (2oz Turkey, HB Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Three Bean Salad 1 Wheat Bread 1/2c Pudding	<b>10</b> <b>Swedish Meatballs (4)</b> 1/2c Buttered Noodles 1/2c Green Beans 1 Dinner Roll 1/2c Applesauce	<b>11</b> <b>1/2c Chicken Salad Sandwich</b> 1/2c Tomato Cucumber Salad 1/2c Macaroni Salad Fresh Fruit Hamburger Bun	<b>12</b> <b>3oz Salisbury Steak w/ 2oz Gravy</b> Baked Potato w/ Margarine 1/2c Mixed Vegetables 1 Wheat Bread 1 Cookie
<b>15</b> <b>Potato Crusted Pollock w/ 1 Tbsp. Corn &amp; Red Pepper Relish</b> 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	<b>16</b> <b>Taco Salad</b> (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips (10pc) 1/2c Rice 1/2c Pineapple	<b>17</b> <b>Pasta &amp; Meatballs (4)</b> 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	<b>18</b> <b>Chicken Philly Sandwich</b> 1/2c Seasoned Potatoes 1/2c Peas Hot Dog Bun 1 Cookie	<b>19</b> <b>Juneteenth!</b>  Center Closed No Meals on Wheels Deliveries
<b>22</b> <b>1c Tortellini w/ Meat Sauce</b> 1/2c Garlic Green Beans 1/2c Diced Peaches 1 Breadstick Cookie	<b>Happy Father's Day 23</b> <b>3oz Bratwurst w/ 1oz Sauerkraut</b> 1/2c Potato Salad 1/2c Baked Beans 1 Hot Dog Roll 1/2c Pudding Mustard	<b>24</b> <b>Pizza Burger</b> 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Hamburger Bun Fresh Fruit	<b>25</b> <b>Chicken, Spinach &amp; Cranberry Salad w/ Dressing</b> 1c. Mixed Greens & Spinach 1/2c Beets 1 Dinner Roll 1/2c Pudding	<b>26</b> <b>French Dip Sandwich w/ 2oz Gravy</b> 1/2c Buttered Pasta 1/2c Peas 1 Hot Dog Bun 1/2c Pineapple
<b>29</b> <b>1c Chili with Cheese</b> 1 Baked Potato, Margarine Fresh Fruit 1 Piece Cornbread	<b>30</b> <b>3oz Swiss Steak w/ 2oz Gravy</b> 1/2c Cabbage & Noodles 1/2c Green Beans 1 Wheat Bread 1/2c Pineapple		<b>To skip or cancel your meals</b> <b>Please contact</b> <b>610-374-3195</b> <b>Ext. 220</b>	<b>*1% milk served with every meal</b>  <b>*menu subject to change</b>