



Center Activities - JUNE

Monday - Thursday 7:00 AM - 2:30 PM

Friday 7:00 AM - 2:00 PM

Dana Ziegler, Dir. of Center Operations
Brooke Ulle, Center Assistant

dziegler@berksencore.org
bulle@berksencore.org

MIFFLIN CENTER
30 Liberty Street
Shillington, PA
610-777-5577

Find activity schedules for all six centers @ berksencore.org/center-activities
Join the Mifflin Center group on Facebook @ facebook.com/Mifflincenterberksencore

****All Classes & Activities are FREE unless noted****

FRIDAY, JUNE 19TH - CENTER CLOSED

AMERICA'S *almost* 250 - BIRTHDAY CELEBRATION*

MONDAY, JUNE 29TH

- 9:00 AM-12:00 PM Uncle Sam's "I Want You...to WIN" Casino (tickets sold at the center)
Ben Franklin's Faneuil Hall of Fun – Skill Games
- 12:00-1:00 PM Betsy Ross' Backyard BBQ & Star-Spangled Soda Shoppe
Schell's Barbeque and more plus Root Beer, Coke or Cherry Coke Floats
- 1:00-2:30 PM Lady Liberty & Line Dancing for ALL

RAFFLE BASKETS – Tickets Sold 6/15-6/29 – Winners Drawn 6/29 at 2:30 PM

- EVERY** 10:30 AM: Grocery Bingo - **\$3 fee (No bingo 6/29)**
- Monday** 12:00 PM: Tai-Chi with Jan Gyomber* **(No class 6/29)**
- 12:00 PM: Card Club – Pinocle (2 hrs) **(No cards 6/29)**
- 12:15-12:50 PM: Back to Basics - Country Line Dancing for Beginners **(No class 6/29)**
- 1:00-2:00 PM: Country Line Dancing - **\$1 donation (6/29 FREE and 30 min longer!)**
- 2:00-2:30 PM: Advanced Country Line Dancing **(No class 6/29)**

- EVERY** 9:00 AM: Healthy Steps in Motion with Kate Sweinhart*
(8-wk cycle started 5/26–Next cycle begins 7/21)
- Tuesday** 9:30 AM: Breakfast Club (Panera & Coffee)
- 10:30 AM: Sit and Get Fit with Amy Schade* **(No class 6/9)**
- 11:00 AM: Chair Yoga with Amy Schade* **(No class 6/9)**

- EVERY** 9:30 AM: Bagels & Brew (New York Bagelry-West Lawn & Coffee)
- Wednesday** 9:30 AM: Pound Class – with Kathy Graul - **\$2 fee**
- 10:30 AM: FABS (Flexibility Aerobics Balance Strength) **(No class 6/10)**
- 11:15-11:45 AM: The Circuits (Circuit Training) with Amy Schade - **\$2 fee (No class 6/10)**
- 12:00-1:00 PM: **NEW** The Groove Line with Michele Schartel **\$1 fee (6/17 & 6/24)**
Fun line dances and freestyle favorites – Motown, Soul, Funk, Disco, and Pop. See you out on the dance floor.
- 1:15-2:45 PM: **DANCE PARTY** with DJ Ted **(6/3 & 6/17)**

EVERY 9:30 AM: Chit Chat & Coffee
Thursday 10:30 AM: Sit and Get Fit with Elizabeth Bentz*(No class 6/4)
Special **10:30 AM:** **Seated ZUMBA Gold Toning (light weight resistance) (6/4 only)**
11:00 AM: Chair YoChi with Elizabeth Bentz - \$2 fee (No class 6/4)
Special **11:00 AM:** **CIRCL Mobility & Meditation with Jen DeBlase \$2 fee (6/4 only)**
11:30 AM: Crochet with May! (sign up required)
12:00 PM: Dollar Bingo - \$3 fee

EVERY 10:00 AM: Dynamic Stretch with Amy Schade - \$2 fee (No class 6/12)
Friday 10:00 AM: Crafts with Donna (sign up required)(6/5 & 6/26)
11:30 AM: ZUMBA Gold with Jen DeBlase* (No class 6/5 & 6/12)
Special **11:30 AM:** **Foot/Ankle Conditioning with Amy Schade (6/5 only)**
12:30 PM: SHUFFLEBOARD is BACK! Try it. (6/5, 6/12, 6/19 & 6/26)

Additional Activities:

Monday, 6/1 9:00 AM: Volunteer Meeting! Meals on Wheels changes & add'l volunteer opportunities
Tuesday, 6/2 11:30 AM: Celebrate June Birthdays! Ice Cream provided by Berks Heim
Monday, 6/8 4:30 PM: **FREE** Community Meal served by Grace Lutheran Church (Donations accepted)
with entertainment provided by singer-dancer Craig Caltagirone
Dinner AND a show! Don't miss it!
Tuesday, 6/9 12:30 PM: Bingo! with Niki
Wednesday 6/10 12:30 PM: BoomBox Bingo!* \$2 fee (sign up required)
Tuesday, 6/16 12:30 PM: Candy Bingo! with "Candy Man" David (sign up required)
Wednesday, 6/17 10:30 AM: Clay on Main: Thumb Press Pottery (sign up required)
12:00 PM: Bingo! by Sense of Peace (sign up required)
Tuesday, 6/23 12:00 PM: Prize Bingo by The Residence at Village Greens (sign up required)
Wednesday 6/24 10:00 AM: Let's Create with PA Health & Wellness (sign up required)
12:00 PM: Apothe-Kerry presents Potpourri Sachets \$5 fee (sign up required)

"Tech Time" Currently seeking volunteers from area colleges.

AVAILABLE EVERYDAY:

Cardio Equipment, Puzzles, Tabletop Shuffleboard, Adult Coloring, Lending Library,
Playing Cards, Board Games, Complimentary Greeting Cards, and Computer/Internet Access.

**Classes and programs marked with an (*) are courtesy of funding from*



JOIN THE LUNCH BUNCH

DINE-IN WITH FRIENDS AT THE CENTER!

Monday-Friday 12:00AM-1:00PM

Menu Available

\$2.50 donation suggested

Reserve your meal 2 working days in advance by 9:00 AM

****SUMMER RUMMAGE****

Accepting select items 6/8-6/11 – No broken items and please don't give us your trash

SALE Mon 6/15 – Thu 6/18

Something's comin' ...something good-GREAT! Find out July 1st!!