

Berks Encore - Strausstown Center



Monday-Friday 8 am – 3 pm * 44. E. Ave. Strausstown, PA * 610-488-5770

Center Manager – Andrea Gebely – agebely@berksencore.org

JUNE 2026 Activities/Programs

****The Center will be CLOSED Friday June 19 in observance of Juneteenth****

- EVERY DAY** 8 a.m. – 3 p.m. - Fitness Room @ the Center
- Every Monday:** 10 a.m. – Sit & Get Fit w/ Linda – FREE to anyone
1:15 p.m. – Pilates Mat Sculpt – FREE to anyone 60+
- Every Tuesday:** 10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+
- Every Wednesday:** 9:00 a.m. – Pickleball @ Strausstown Lion’s Park
10:15 a.m. - Chair Zumba – FREE* to anyone 60+
- Every Thursday:** 9:00 a.m. – Chair Yoga – FREE* to anyone 60+
- Every Friday:** 9:00 a.m. – Pickleball @ Strausstown Lion’s Park
10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+

JOIN US FOR LUNCH. Mon.-Fri. 11:45 a.m. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested.

- EVERY Monday @ 11 am:** Bingo & Lunch - \$4/person
- EVERY Tuesday @ 12:30 pm:** Pinochle – come join our card playing group!
- EVERY Wednesday @ 11:15 am:** Dominoes
- EVERY Wednesday @ 12:00 p.m.:** ‘Let’s Make Art’ Learn to Watercolor Painting Series
- Tuesday June 9 @ 11:15 am:** Craft w/ Genesis HealthCare – please sign up!
- Thursday June 11 @ Noon:** Lunch & Learn: Military Nurse Program – The Whitecaps of Pearl Harbor
- Tuesday June 16 @ Noon:** Picnic Potluck – please sign up and bring a dish to share!
- Thursday June 18 @ Noon:** Lunch Bunch @ Rosa’s in Bernville
- Wednesday June 24 @ 12:30 pm:** Candy Bingo w/ David
- Thursday June 25 @ 12:30 pm:** Movie Matinee at the Hamburg Strand – ‘Solo Mio’ – FREE but please sign up
- Friday June 26 @ 11:45 am:** Lunch & a show – Dean Martin Tribute show
- Monday June 29 @ 11 am:** JACKPOT BINGO - \$10 winner each game –\$4/person for lunch & bingo
- Tuesday June 30 @ 9:30 am:** Milkshake party – free but please sign up



← “Strausstown Center – Berks Encore”

Berks Encore Virtual Exercise Classes

- Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 11 am – Virtual Tai Chi level II
- Wednesday @ 10:15 am – Virtual Chair Zumba Tuesday & Friday @ 10:15 a.m. - Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Andrea Gebely at 610.488.5770 or agebely@berksencore.org