

Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker

July 2026 Activities/Programs



Berks County
Area Agency on Aging

- Every Monday:** 10 a.m. – Ener-Chi – 60 + FREE * A mix of Chair Yoga, Tai Chi & Meditation
- Every Wednesday :** 10 a.m. – Yoga Flow – 60 + FREE * A mix of Yoga, Kung Fu, Tai Chi, and Qigong
- Every Thursday:** 10 a.m. – Chair Yoga – 60 + FREE *
1 p.m.- Tai Chi I – 60 + FREE
- Every Friday:** 9:15 a.m.- Zumba Gold 60 + FREE*
1 p.m. – Country Line Dancing (\$1)
2 p.m. - Country Line Dancing Advanced

Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.

Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.

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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 10:00 am :** Adult Coloring with Dayspring
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing (\$1)
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced
- **Wednesday July 1 @ 11:00 am:** Happy 4th of July Celebration! Patriotic entertainment by Lee Moyer. Hot dogs and apple pie for lunch. PLEASE RSVP with Terry.
- **Friday July 3 : Center Closed. Happy 4th of July!! Happy 250th America!**
- **Wednesday July 8 @ 10:30 am:** The Highlands homecare and hospice presentation. Call Terry to RSVP.
- **Thursday July 9 and 23 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies
- **Monday July 13 @ 11:00 am:** Skilled Nursing info session with Sheena from Genesis Laureldale. Call Terry to RSVP.
- **Tuesday July 14, 21, and 28 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
- **Tuesday July 14, 21, and 28 @ 11:00 am:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
- **Friday July 17 @ 12:30 pm:** Lunch Bunch@ Liberty Tavern, Dryville Please RSVP to Terry or Kandy

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- **Monday July 20 and 27 @ 1:30 pm:** Pound Class with Kathy Roberts.
- **Thursday July 23 @ 10:00 am:** Pokeno and vanilla ice cream day! Toppings and mix ins provided. Call Terry to sign up.
- **Friday July 31 @ 10 am:** Bingo and Happy July Birthdays with cake.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

***Classes generously funded by Berks County Area Agency on Aging**

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or Tbecker@berksencore.org