

# JULY-Center Activities

Monday-Friday 8:00 AM to 3:00PM

**Reading**  
**40 N 9<sup>th</sup> ST**  
**610-374-3195**

Ivette Malave-Soto, Center Manager  
Email: [IMalave-Soto@berksencore.org](mailto:IMalave-Soto@berksencore.org)

**\*\*All Classes and Activities are FREE unless noted\*\***



Classes and programs marked with an (\*) are courtesy of funding from

CLOSED FRIDAY, JULY 3<sup>rd</sup>

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**EVERY Monday** 11:00 AM: Let's Get Started with Kathy Roberts

12:30 PM: Noodleball (Lower level)

**EVERY Tuesday** 10:15 AM: Sit and Get Fit with Barbara Mills\* **No Sit & Fit on 7/7**

**EVERY Wednesday** 11:00 AM: Seated Zumba Gold with Jen DeBlase\*

**EVERY Thursday** 12:30 PM: GROCERY BINGO (\$2 fee)

**EVERY Friday** 10:00 AM: Seated Zumba Gold Toning with Jen DeBlase\*

12:30 PM: CASH BINGO (Purchase boards to play) **NO Cash Bingo 7/24 & 7/31**

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**Additional Activities:**

|                 |          |                                                                   |
|-----------------|----------|-------------------------------------------------------------------|
| Monday, 7/6     | 12:30PM: | Pizza & Games with Lagom Care Agency                              |
| Tuesday, 7/7    | 12:30PM: | Candy Bingo! With David "The Candy Man"                           |
| Wednesday, 7/8  | 10:00AM: | Oh! Oh! DOMINOES! Lower-Level Game room                           |
|                 | 12:30PM: | Games with Peace & Harmony                                        |
| Thursday, 7/9   | 12:30PM: | Bingo with West Reading Skilled Nursing                           |
| Monday, 7/13    | 10:30AM: | Books and More Brought to You! ( <b>bring your library card</b> ) |
|                 |          | Color My World with Ryan from the Reading Public Library          |
| Tuesday, 7/14   | 12:30PM: | TRIVIA with Bayada Hospice Care                                   |
| Wednesday, 7/15 | 10:00AM: | Pokeno! (\$1 Fee) Lower-Level Game room                           |
| Thursday, 7/16  | 10:30AM: | <b>NEW</b> Pound fitness class w/ Wyomissing Rehab                |
| Wednesday, 7/22 | 12:30PM: | TRIVIA with Berks Hiem                                            |
| Thursday, 7/23  | 11:00AM: | Bingo w/ Grane Hospice Care                                       |
| Friday, 7/24    | 12:30PM: | Bring your Grandkid Day! *Activities with your grandkids*         |
| Monday, 7/27    | 10:30AM: | Books and More Brought to You! ( <b>bring your library card</b> ) |
|                 |          | Color My World with Ryan from the Reading Public Library          |
| Thursday, 7/30  | 12:30PM: | TRIVIA with Med Minder & Lagom Care Agency                        |
| Friday, 7/31    | 12:30PM: | Bingo with Niki & Yaz                                             |

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**AVAILABLE EVERYDAY**

Cardio Equipment, Billiards, Nok Hockey, Dominoes, Playing Cards, Board Games, Adult Coloring,  
Lending Library, and Computer/Internet Access.

**JOIN US FOR LUNCH**

Monday-Friday 12:00 PM Reserve your meal 2 working days in advance. **\$2.50 suggested donation**