

Berks Encore - Strausstown Center

Monday-Friday 8 am – 3 pm * 44. E. Ave. Strausstown, PA * 610-488-5770

Center Manager – Andrea Gebely – agebely@berksencore.org



JULY 2026 Activities/Programs

****The Center will be CLOSED Friday July 3 in observance of Independence Day****

EVERY DAY 8 a.m. – 3 p.m. - Fitness Room @ the Center
Every Monday: 10 a.m. – Sit & Get Fit w/ Linda – FREE to anyone
1:15 p.m. – Pilates Mat Sculpt – FREE to anyone 60+
Every Tuesday: 10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+
Every Wednesday: 9:00 a.m. – Pickleball @ Strausstown Lion's Park
10:15 a.m. - Chair Zumba – FREE* to anyone 60+
Every Thursday: 9:00 a.m. – Chair Yoga – FREE* to anyone 60+
Every Friday: 9:00 a.m. – Pickleball @ Strausstown Lion's Park
10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+

JOIN US FOR LUNCH. Mon.-Fri. 11:45 a.m. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested.

EVERY Monday @ 11 am: Bingo & Lunch - \$4/person

EVERY Tuesday @ 12:30 pm: Pinochle – come join our card playing group!

EVERY Wednesday @ 11:15 am: Dominoes

EVERY Wednesday @ 12:00 p.m.: 'Let's Make Art' Learn to Watercolor Painting Series

Tuesday July 7 @ 11:15 am: Trivia w/ AnnMarie from Berks Heim

Thursday July 9 @ 12:30 pm: Independence Day Surprise Package Bingo w/ Rita & Barry - \$3/person must sign up

Friday July 10 @ 11:30 am: Lunch & Learn – Coffee w/ a Colonial

Tuesday July 14 @ 11:15 am: Craft w/ Genesis HealthCare – please sign up!

Wednesday July 15 @ 11:45 am: Breakfast for Lunch w/ the Youth Group from St. Michael's Church

Thursday July 16 @ 5:30 pm: Entertainment in the Park! **Jimmy Buffet Tribute Show** - food available for purchase from the Strausstown Lions Club beginning at 5:30, music to start at 6:30 pm

Wednesday July 22 @ 12:30 pm: Candy Bingo w/ David

Thursday July 23 @ 12:30 pm: Movie Matinee at the Center – 'The Sheep Detectives' – FREE

Monday July 27 @ 11 am: JACKPOT BINGO - \$10 winner each game –\$4/person for lunch & bingo

Thursday July 30 @ 11:30 am: Lunch & Learn – Women in the Revolution

Friday July 31 @ Noon: Lunch Bunch @ the Star City Diner in Shoemakersville



← "Strausstown Center – Berks Encore"

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Tuesday & Friday @ 10:15 a.m. - Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Andrea Gebely at 610.488.5770 or agebely@berksencore.org