

Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker

August 2026 Activities/Programs



Berks County
Area Agency on Aging

- Every Monday: 10 a.m. – Ener-Chi – 60 + FREE * A mix of Chair Yoga, Tai Chi & Meditation
- Every Wednesday : 10 a.m. – Yoga Flow – 60 + FREE * A mix of Yoga, Kung Fu, Tai Chi, and Qigong
- Every Thursday: 10 a.m. – Chair Yoga – 60 + FREE *
- 1 p.m.- Tai Chi I – 60 + FREE
- Every Friday: 9:15 a.m.- Zumba Gold 60 + FREE*
- 1 p.m. – Country Line Dancing (\$1)
- 2 p.m. - Country Line Dancing Advanced

Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.

Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.

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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing (\$1)
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced
- **Monday August 3, 17, 24, and 31 @ 1:30 pm:** Pound Class with Kathy Roberts. **NO CLASS ON THE 10th.**
- **Tuesday Aug. 4 @ 10:00 am:** Mystery Prize Bingo with Teresa of Maiden Creek Place.
- **Tuesday Aug. 4, 11, 18, and 25 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
- **Thursday Aug. 6, 13, 20, and 27 @ 1:30 pm:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
- **Monday Aug. 10 @ 10:30 am:** Watermelon button craft with Kathy. Call Terry to sign up.
- **Thursday Aug. 13 and 27 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies.
- **Wednesday Aug. 19 @ 10:30 am:** Pressed flowers in a frame craft with Peggy. Please call Terry to reserve your spot. Cost 5.00
- **Friday Aug 21 @ 12:30 pm:** Lunch Bunch@ Klinger’s Reading Airport. Please RSVP to Terry or Kandy.
- **Monday Aug. 24 @ 9:30 am:** Let’s Talk About Hydration! with Penn State Health. RSVP to Terry.
- **Friday Aug. 28 @ 10 am:** Bingo and Happy August Birthdays with cake. Ice cream sponsored by Berks Heim.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

***Classes generously funded by Berks County Area Agency on Aging**

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or Tbecker@berksencore.org