

Berks Encore - Strausstown Center

Monday-Friday 8 am – 3 pm * 44. E. Ave. Strausstown, PA * 610-488-5770

Center Manager – Andrea Gebely – agebely@berksencore.org



JULY 2026 Activities/Programs

****The Center will be CLOSED Friday July 3 in observance of Independence Day****

EVERY DAY 8 a.m. – 3 p.m. - Fitness Room @ the Center
Every Monday: 10 a.m. – Sit & Get Fit w/ Linda – FREE to anyone
1:15 p.m. – Pilates Mat Sculpt – FREE to anyone 60+
Every Tuesday: 10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+
Every Wednesday: 9:00 a.m. – Pickleball @ Strausstown Lion's Park
10:15 a.m. - Chair Zumba – FREE* to anyone 60+
Every Thursday: 9:00 a.m. – Chair Yoga – FREE* to anyone 60+
Every Friday: 9:00 a.m. – Pickleball @ Strausstown Lion's Park
10:15 a.m. - Zumba Gold Toning – FREE* to anyone 60+

JOIN US FOR LUNCH. Mon.-Fri. 11:45 a.m. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested.

EVERY Monday @ 11 am: Bingo & Lunch - \$4/person

EVERY Tuesday @ 12:30 pm: Pinochle – come join our card playing group!

EVERY Wednesday @ 11:15 am: Dominoes

EVERY Wednesday @ 12:00 p.m.: 'Let's Make Art' Learn to Watercolor Painting Series

Thursday August 6 @ 11 am: Grocery Pokeno w/ Rita & Barry

Tuesday August 11 @ 11:15 am: Craft w/ Genesis HealthCare – please sign up!

Thursday August 13 @ 1:00 pm: Ice Cream Social – FREE but please sign up

Tuesday August 18 @ Noon: Acrylic Painting – “Beach and Waves” – FREE but must sign up -**this is a 2 hour class

Thursday August 20 @ 12:30 pm: Movie Matinee at the Center – ‘A Great Awakening’

Wednesday August 26 @ 12:30 pm: Candy Bingo w/ David

Friday August 28 @ Noon: Lunch Bunch @ Copperz in Hamburg

Monday August 31 @ 11 am: JACKPOT BINGO - \$10 winner each game –\$4/person for lunch & bingo

Thursday August 27 @ 10:30 am: Craft w/ Peggy Allen – Mini Theorem Painting - \$10/person – must sign up



← “Strausstown Center – Berks Encore”

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Tuesday & Friday @ 10:15 a.m. - Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Andrea Gebely at 610.488.5770 or agebely@berksencore.org