

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Stew over Biscuit Steamed Carrots Fruit Milk	Loyd's Chicken Salad Sandwich Lettuce, Tomato, Onion Whole Wheat Bun Milk	Baked Pollock Mac & Cheese Stewed Tomatoes Fruit Milk	Apricot Chicken Wild Rice, Peppers and Onions Fruit Roll Milk	Meatloaf & Gravy Mashed Potato Mixed Vegetables Fruit Roll Milk
Beef Chili Rice, Corn Medley Fruit Roll Milk	BBQ Chicken Breast Baked Beans Mixed Vegetables Fruit Milk	Hamburger Whole Wheat Bun Lettuce, Tomato, Onions Pasta Salad Milk	Dave's Boneless Chop Roasted Potato Mixed Vegetables Fruit Roll Milk	Pork and Rice Stuffed Peppers Corn Roll Fruit Milk
Meatballs Marinara Whole Wheat Pasta Green Beans Fruit Milk	Bean & Cheese Bowl Salsa Brown Rice Fruit Roll Milk	Chicken Alfredo Penne Pasta Mixed Vegetables Fruit Roll Milk	Sweet & Sour Pork Brown Rice Stir-Fry Vegetables Fruit Cup Roll Milk	Chicken Fajitas Onions & Peppers Whole Grain Tortilla Fruit Milk
Lemon - Herb Chicken Rice Pilaf Peas & Carrots Fruit Roll Milk	Salsbury Steak Roasted Potatoes Glazed Carrots Fruit Roll Milk	Fabio's Sausage Sandwich Roasted Potatoes Italian Vegetables Fruit Milk	Richard's Egg Salad Sandwich Lettuce, Tomato, Onion, Whole Wheat Bun Fruit Milk	Orange Chicken Rice Stir Fry Vegetables Roll Fruit Milk
Pork Carnitas Cilantro lime Rice Seasoned Beans Fruit Roll Milk			*1% milk served with every meal *Menu subject to change	To skip or cancel your meals please contact your center