

Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker



Berks County
Area Agency on Aging

September 2026 Activities/Programs

- Every Monday:** 10 a.m. – Ener-Chi – 60 + FREE * A mix of Chair Yoga, Tai Chi & Meditation
- Every Wednesday :** 10 a.m. – Yoga Flow – 60 + FREE * A mix of Yoga, Kung Fu, Tai Chi, and Qigong
- Every Thursday:** 10 a.m. – Chair Yoga – 60 + FREE *
1 p.m.- Tai Chi I – 60 + FREE
- Every Friday:** 9:15 a.m.- Zumba Gold 60 + FREE*
1 p.m. – Country Line Dancing (\$1)
2 p.m. - Country Line Dancing Advanced

Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.

Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.

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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
 - **EVERY Tuesday @ 10:00 am :** Dollar Bingo
 - **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
 - **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
 - **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
 - **EVERY Friday @ 10:00 am :** Dollar Bingo
 - **Every Friday @ 1:00 pm :** Texas Hold ‘em
 - **Every Friday @ 1:00 pm:** Country Line Dancing (\$1)
 - **Every Friday @ 2:00 pm:** Country Line Dancing Advanced
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- **Tuesday Sept. 1, 15, and 22 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
 - **Monday Sept. 7 : HAPPY LABOR DAY! Center closed.**
 - **Thursday Sept. 10 and 24 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies.
 - **Thursday Sept. 10 @ 1:30 pm:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
 - **Friday Sept. 11 @ 12 noon:** Baked ham and scalloped potatoes. Lunch at the Center. Please RSVP to Terry.
 - **Monday Sept. 14 @ 10:30 am:** Wooden sunflower craft with Kathy. Call Terry to sign up.
 - **Wednesday Sept. 16 @ 10:30 am:** Apple wreath craft with Peggy. Please call Terry to reserve your spot. Cost 5.00
 - **Friday Sept 18 @ 1:00 pm:** Lunch Bunch@ Nina’s Pizza Reading. Please RSVP to Terry or Kandy.
 - **Monday Sept. 21 and 28 @ 1:30 pm:** Pound Class with Kathy Roberts.
 - **Friday Sept. 25 @ 10 am:** Bingo and Happy September Birthdays with cake.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

***Classes generously funded by Berks County Area Agency on Aging**

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or Tbecker@berksencore.org