

Monday	Tuesday	Wednesday	Thursday	Friday
To Cancel a Lunch Please contact Your center	Meals Funded by: 		1 Grilled Chicken 4 oz Romaine Caesar salad 2 cups Crouton 1/4 cup Fruit Milk	2 Mild Jerk Chicken 4oz Coconut Rice ½ cup Peas & Carrots ½ cup Fruit Milk
5 Chicken Alfredo 8oz Penne Pasta ½ cup Green Beans ½ cup Fruit Milk	6 Hamburger 4oz Whole Wheat Bun Lettuce, Tomato, Onion Potato Planks ½ cup Fruit Milk	7 Cheese Ravioli 9 oz Marinara 2oz California Vegetables ½ cup Fruit Roll Milk	8 Pulled Pork BBQ 4oz Roasted Potatoes ½ cup Carrots 1 cup Fruit Milk	9 Turkey Tetrazzini 8oz Egg Noodles ½ cup Green Beans ½ cup Roll Fruit Milk
12 Chicken Primavera Chicken Breast 4oz Vegetable Cream Sauce 4oz Whole Wheat Penne ½ cup Fruit Milk	13 Stuffed Pepper 8oz Tomato Sauce 2oz Brown Rice ½ cup Corn ½ cup Fruit Milk	14 Beef Stroganoff 4 oz Egg Noodles ½ cup Carrots ½ cup Fruit Milk	15 Baked Tilapia 4oz Citrus Dill sauce 2oz Rice ½ cup California Vegetables ½ cup Fruit Milk	16 Dave's Pork chop 4oz Roasted Potatoes ½ cup Mixed Vegetables ½ cup Fruit Milk
19 Orange Sesame Pork 4oz Roasted Potatoes ½ cup Green Beans 1/2 cup Fruit Milk	20 Tuna Stuffed tomato 8oz Pasta Salad 4oz Fruit Roll Milk	21 Meatloaf w/Gravy 4oz Mashed Potatoes ½ cup Mixed Vegetables ½ cup Fruit Milk	22 Mediterranean Chicken 4oz Roasted Potatoes 1/2 cup Green Beans ½ cup Fruit Milk	23 Salisbury Steak w/Gravy 4oz Mashed Potatoes ½ cup Carrots ½ cup Fruit Milk
26 Sliced Turkey w/Gravy 4oz Mashed Potatoes ½ cup Spinach ½ cup Fruit Roll Milk	27 Baked Ham 4oz Scalloped Potatoes ½ cup California Vegetables ½ cup Fruit Roll Milk	28 Turkey Chili 8oz Brown Rice ½ cup Corn ½ cup Fruit Milk	29 BBQ Chicken Thigh 4oz Baked Beans ½ cup Peas & Carrots ½ cup Fruit Milk	30 Lloyds Chicken Salad 4oz Lettuce, Tomato, Onion Whole Wheat Bun Tossed Salad 1 cup Fruit Milk