

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) 8am/10:50 PICKLEBALL Coffee Bar 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI INTRO/Jan *11am TAI CHI ADV/Jan *11:30 CHAIR YOGA II/Patti	2)8am/10:50 PICKLEBALL Coffee Bar 9-2 Pool/Game Room 9-2 Fitness Room *10:30 SIT & GET FIT 11am BINGO with Pottstown Nursing & Rehab	3)8AM/10:50 PICKLEBALL Coffee Bar 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 POUND / Kathy G 10:30 Mexican Train Dominoes 9am HEALTHY STEPS IN MOTION/Kate	4)8AM/10:50 PICKLEBALL Coffee Bar 9-2 Fitness Room *10:15 LINE DANCING/ Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
7) Happy Labor Day! CLOSED	8)8am/10:50 PICKLEBALL Coffee Bar 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II/ Patti	9)8am/10:50 PICKLEBALL Coffee Bar 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti 11am BINGO with David 1pm BOOK CLUB	10) 8am/10:50 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 POUND with Kathy Graul *11am FAMILY FEUD!/ TGB Entertainment/Rich 9am Healthy Steps in Motion/Kate	11) 8am/10:50am PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES
14)8am/10:50 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA/ *11:15 POUND II/Kathy Graul 11am BINGO with A Sense of Peace	15) 8am/10:50 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II/ Patti	16) 8am/10:50 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti *11am REJUVENATE with Kaleidoscope Angels	17) 8am/10:50 PICKLEBALL 9-2 Pool/ Game Lounge 9-2 Fitness Room *10:30 POUND/Kathy 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion /Kate	18) 8am/10:50 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room 10:30 MEXICAN TRAIN DOMINOES
21) 8am/10:50 PICKLEBALL 9-2 Pool/ Game Lounge 9-2 Fitness Room *10:30 CHAIR YOGA *11am CRAFT/Beth *11:15 POUND II/Kathy G	22)8am/10:50 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room *10am TAI CHI Into/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II/	23) 8am/10:50 PICKLEBALL 9-2 Pool /Game Lounge 9-2 Fitness Room *10:30 SIT & GET FIT/Patti	24)8am/10:50 PICKLEBALL 9-2 Pool/Game Lounge 9-2 Fitness Room *10:30 POUND/KathyGraul 10:30MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion	25)8am/10:50PICKLEBALL 9-2 Fitness Room *10:15 LINE DANCING w/Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
28)8am/10:50PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10:30 CHAIR YOGA/Patti *11:15 POUND II/Kathy	29)8am/10:50 PICKLBALL 9-2 Pool/Game Room *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II/ Patti	30) 8am/10:50 PICKLEBALL 9-2 Pool/Game Room 9-2 Fitness Room *10:30 SIT & GET FIT *11am BOOMBOX BINGO/ TGB Entertainment/Rich	*FUNDING PROVIDED BY BERKS COUNTY AREA AGENCY ON AGING	

Berks Encore Douglassville

2144 Weavertown
Rd.
Douglassville, PA
19518

610-582-1603
M-F 8am-3pm

SEPTEMBER

2026

Dine-in or
to-go Lunches

Monday–
Friday

Reserve 2 days in
advance.

\$2.50 Suggested

Donation