

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*FUNDING PROVIDED BY BERKS COUNTY AREA AGENCY ON AGING			1)8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10:30 POUND/Kathy G 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion/ Kate	2)8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge 9:30 BEGINNER LINE DANCING/Betsy *10:15 LINE DANCING/ Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
5) 8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10:30 CHAIR YOGA I Patti *11:15 POUND/ II / Kathy G	6) 8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II Patti	7) 8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10:30 SIT & GET FIT/ Patti 11am BINGO/Pottstown Nursing & Rehab	8)8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/Game Lounge *10:30 POUND I/ Kathy G 11am FAMILY FEUD!/ TGB Entertainment/Rich 9am Healthy Steps in Motion Kate	9) 8am-10:50 PICKLEBALL 9-2 Fitness Room 9-2 Pool/ Game Lounge 11am BINGO with Laurel Pointe Senior Living
12)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 CHAIR YOGA I 11am BINGO with A Sense of Peace *11:15 POUND II / Kathy G	13) 9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/ Game Lounge *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II Patti	14)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 SIT & GET FIT/ Patti 11am BINGO/David 1pm BOOK CLUB	15)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 POUND I/Kathy G 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion	16) 9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/ Game Lounge 10:30 MEXICAN TRAIN DOMINOES
19)9-2 Fitness Room 8am-10:50PICKLEBALL 9-2 Pool/Game Lounge *10:30 CHAIR YOGA I *11am CRAFT/Beth *11:15 POUND II / Kathy G	20) 9-2 Fitness Room 8am-10:50PICKLEBALL 9-2 Pool/Game Lounge *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II Patti	21)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 SIT & GET FIT/ Patti 11am REJUVENATE/ Kaleidoscope Angels	22) 9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 POUND I /Kathy G 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion Kate	23) 9-2 Fitness Room 8am-10:50 PICKLEBALL 9:30 BEGINNER LINE DANCING/Betsy *10:15 LINE DANCING/ Jean & Linda 10:30 MEXICAN TRAIN DOMINOES
26)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 CHAIR YOGA I Patti *11:15 POUND II / Kathy G	27)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game/Lounge *10am TAI CHI Intro/Jan *11am TAI CHI Adv/Jan *11:30 CHAIR YOGA II Patti	28) 9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 SIT & GET FIT/ Patti *11am BOOMBOX BINGO TGB Entertainment/Rich	29)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge *10:30 POUND I/ Kathy G 10:30 MEXICAN TRAIN DOMINOES 9am Healthy Steps in Motion	30)9-2 Fitness Room 8am-10:50 PICKLEBALL 9-2 Pool/Game Lounge 11am Halloween Pizza Party HAPPY HALLOWEEN!

Berks Encore- Douglassville

2144 Weavertown Rd.
Douglassville, PA
19518

610-582-1603
M-F 10am-2pm

OCTOBER 2026

**Dine-in or
To-go Lunches**

**Reserve 2 days in
advance.**

**\$2.50 Suggested
Donation**