

Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522

610-947-1700

Center Manager – Terry Becker



Berks County
Area Agency on Aging

October 2026 Activities/Programs

Every Monday:	10 a.m. – Ener-Chi – 60 + FREE * A mix of Chair Yoga, Tai Chi & Meditation
Every Wednesday :	10 a.m. – Yoga Flow – 60 + FREE * A mix of Yoga, Kung Fu, Tai Chi, and Qigong
Every Thursday:	10 a.m. – Chair Yoga – 60 + FREE *
	1 p.m.- Tai Chi I – 60 + FREE
Every Friday:	9:15 a.m.- Zumba Gold 60 + FREE*
	1 p.m. – Country Line Dancing (\$1)
	2 p.m. - Country Line Dancing Advanced

Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.

Lunch is available Mon.-Fri. 12 noon. Menu Available

Reserve your meal, 2 working days in advance. \$2.50 donation suggested. Call for reservations.
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- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing (\$1)
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced

- **Thursday Oct. 1, 8, 22, and 29 @ 1:30 pm:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
- **Monday Oct. 5, 12, 19, and 26 @ 1:30 pm:** Pound Class with Kathy Roberts.
- **Tuesday Oct. 6, 13, 20, and 27 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
- **Wednesday Oct. 7 @ 10:30 am:** Changes to Medicare program. Please RSVP to Terry.
- **Thursday Oct. 8 and 22 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies.
- **Monday Oct. 12 @ 10:30 am:** Halloween craft with Kathy. Call Terry to sign up.
- **Wednesday Oct. 21 @ 10:30 am:** Succulent planter craft with Peggy. Please call Terry to reserve your spot. Cost 5.00
- **Friday Oct. 23 @12:15 pm:** Salisbury steak and mashed potatoes. Lunch at the Center. RSVP to Terry
- **Thursday Oct. 29 @ 11:00 am:** The Kitchen Historian program with Dana Bala. Join us and learn about the history of cookbooks, utensils, aprons and American culture from 1870’s – 1960’s.

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- **Friday Oct. 16 @ 1:00 pm:** Lunch Bunch@ Backwood's Brothers in Hamburg. Please RSVP to Terry or Kandy
- **Friday Oct. 16 @ 10:00 am:** Dollar Bingo with prizes sponsored by Country Meadows.
- **Tuesday Oct. 20@ 10:00 am:** Dollar Bingo with prizes sponsored by Fleetwood Grange.
- **Friday Oct. 30 @ 10 am:** Dollar Bingo and Happy October Birthdays with cake. Ice cream sponsored by Berks Heim.

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!



← "Fleetwood Center – Berks Encore

***Classes generously funded by Berks County Area Agency on Aging**

Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 10:30 am - Virtual Zumba Toning

Tuesday @ 11 am – Virtual Tai Chi level II

Wednesday @ 10:15 am – Virtual Chair Zumba

Friday 10:15 am – Virtual Chair Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or Tbecker@berksencore.org