Berks Encore - Douglassville

Monday – Friday 8:00 AM to 3:00 PM
2144 Weavertown Rd. Douglassville, PA 19518 Phone: 610-582-1603
Center Manager: Sharon Pedrick: SPedrick@BerksEncore.org

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NOVEMBER 2026 Activities & Programs

JOIN US FOR LUNCH: Monday – Friday at 12:00 pm
GRAB-N-GO LUNCH is also available
Monthly menus are available. Reserve your meal 2 weekdays in advance $2.50 suggested donation.

Classes & programs marked with an (*) are courtesy of funding from Berks County Area Agency on Aging
No cost unless otherwise posted.

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Every day: *8:00 AM – 10:50 AM: Pickleball*
9:00 AM – 2:00 PM: Fitness Room
9:00 AM – 2:00 PM: Pool/Game Lounge

Coffee Bar

EVERY Monday: *10:30 AM: Chair Yoga I with Patti**
*11:15 PM: POUND II with Kathy Graul**

EVERY Tuesday: 10:00 AM: Tai Chi Intro with Jan*

11:00 AM: Tai Chi Adv with Jan*

11:30 AM: Chair Yoga II with Patti(no Chair Yoga 11/3)*

EVERY Wednesday: *10:30 AM: Sit and Get Fit with Patti**
EVERY Thursday: *9:00 AM: Healthy Steps in Motion with Kate*
*10:30 AM: POUND I with Kathy**

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Additional Activities:

Wednesday 11/4 11:00 AM Bingo with Pottstown Nursing & Rehab

Thursday 11/5 10:30 AM Mexican Train Dominoes

Friday 11/6 9:30 Beginner Line Dancing with Betsy

*10:15 Line Dancing with Jean & Linda**

10:30 Mexican Train Dominoes

Wednesday 11/11 11:00 AM Bingo with David

1:00 PM Book Club

Thursday 11/12 11:00 AM Family Feud with TGB Entertainment

Friday 11/13 11:00 AM Bingo with Laurel Pointe Senior Living

*Monday 11/16 11:00 AM Craft with Beth**

*Wednesday 11/18 11:00 AM Rejuvenate with Kaleidoscope Angels**

Thursday 11/19 10:30 AM Mexican Train Dominoes

Friday 11/20 9:30 AM Beginner Line Dancing with Betsy

*10:15 AM Line Dancing with Jean & Linda**

Friday 11/20 11:00 AM Bingo with Amity Place

*Wednesday 11/25 11:00 AM Bingo with TGB Entertainment**

Thursday 11/26 CLOSED

Friday 11/27 CLOSED

Monday 11/30 11:00 AM Trivia with Berks Heim

Berks Encore Virtual Exercise Classes

*** Classes generously funded by Berks County Area Agency on Aging***

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TUESDAYS	10:00 AM:	Virtual Tai Chi Level 1
	10:15 AM:	Zumba Gold Toning
	11:00 AM:	Virtual Tai Chi Level 2
WEDNESDAYS	10:15 AM:	Virtual Chair Zumba
FRIDAYS	10:15 AM:	Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find our more information, please contact Sharon Pedrick at 610-582-1603 x 601 or SPedrick@BerksEncore.org

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→ Douglassville Center – Berks Encore

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let your center manager know if anything should be corrected in future calendars. Thanks!