Berks Encore - Fleetwood Center

Monday-Friday 8 am – 3 pm 14432 Kutztown Rd Fleetwood, PA 19522
610-947-1700
Center Manager – Terry Becker

November 2026 Activities/Programs

Every Monday:	**10 a.m. – Ener-Chi – 60 + FREE * A mix of Chair Yoga, Tai Chi & Meditation**
Every Wednesday :	**10 a.m. – Yoga Flow – 60 + FREE * A mix of Yoga, Kung Fu, Tai Chi, and Qigong**
Every Thursday:	**10 a.m. – Chair Yoga – 60 + FREE * NO CLASS NOV. 26**
	1 p.m.- Tai Chi I – 60 + FREE NO CLASS NOV. 26
Every Friday:	**9:15 a.m.- Zumba Gold 60 + FREE* NO CLASS NOV. 27**
	1 p.m. – Country Line Dancing ($1) NO CLASS NOV. 27
	2 p.m. - Country Line Dancing Advanced NO CLASS NOV. 27

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Exercise Room is OPEN Monday-Friday from 8 a.m.-3 p.m.

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Lunch is available Mon.-Fri. 12 noon. Menu Available
Reserve your meal, 2 working days in advance. $2.50 donation suggested. Call for reservations.

- **EVERY Monday @ 12 Noon:** Pinochle – come join our card playing group!
- **EVERY Tuesday @ 10:00 am :** Dollar Bingo
- **EVERY Tuesday @ 1:00 pm :** Texas Hold ‘em
- **EVERY Wednesday @ 12 Noon:** Pinochle and Hausie
- **EVERY Wednesday and Thursday @ 11:30 am:** 15 minute massage. Restore the balance. 20.00 fee. Call Terry to sign up.
- **EVERY Friday @ 10:00 am :** Dollar Bingo
- **Every Friday @ 1:00 pm :** Texas Hold ‘em
- **Every Friday @ 1:00 pm:** Country Line Dancing ($1)
- **Every Friday @ 2:00 pm:** Country Line Dancing Advanced

- **Monday Nov. 2, 9, 16, and 23 @ 12:15 pm: DINE IN LUNCHES** will be served. Please see Terry for sign up.
- **Monday Nov. 2, 16, and 23 @ 1:30 pm:** Pound Class with Kathy Roberts.
- **Tuesday Nov. 3, 10, 17, and 24 @ 9:00 am:** Healthy Steps in Motion exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered to participate. 484-388-3196
- **Wednesday Nov. 4, 11, 18, and 25 @ 12:15 pm: DINE IN LUNCHES** will be served. Please see Terry for sign up.
- **Thursday Nov. 5, 12, and 19 @ 1:30 pm:** Let’s Get Started exercise class with Kathy Roberts. Call Kathy to sign up. Must be registered. 484-388-3196.
- **Friday Nov. 6 @ 10:00 am** : Dollar Bingo with mystery prizes by Teresa from Maidencreek Place.
- **Thursday Nov. 12 and 19 @ 10:00 am:** Pokeno! Please bring 3.00 in pennies. **NOTE: Date Change.**
- **Wednesday Nov. 18 @ 10:30 am:** Snowman button craft with Peggy. Please call Terry to reserve your spot. Cost 5.00
- **Monday Nov. 23 @10:30 am:** Pottery plate craft with Karen Colpetzer-Adam. Please call Terry to reserve your spot. Cost 5.00.

OVER

- **Friday Nov. 20 @ 1:00 pm:** Lunch Bunch@ The Westy in Hamburg. Please RSVP to Terry or Kandy
- **Friday Nov 20 @ 10 am:** Dollar Bingo and Happy November Birthdays with cake.
- **Thursday and Friday Nov. 26 and 27: Center Closed. Happy Thanksgiving!**

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let Terry know if anything should be corrected for future calendars. Thanks!

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***Classes generously funded by Berks County Area Agency on Aging**

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Berks Encore Virtual Exercise Classes

Tuesday @ 10 am – Virtual Tai Chi level I Tuesday @ 10:30 am - Virtual Zumba Toning
Tuesday @ 11 am – Virtual Tai Chi level II
Wednesday @ 10:15 am – Virtual Chair Zumba Friday 10:15 am – Virtual Chair Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find out more information, please contact Terry Becker at 610-947-1700 or Tbecker@berksencore.org