berksencore delivers

MEALS on WHEELS BERKS COUNTY

Berks Encore - Wernersville

AREA AGENCY ON AGING

Monday – Friday 8:00 AM to 3:00 PM
Wernersville State Hospital, 350 Sportsman Rd, Brenner Bldg. #5, Wernersville, PA 19565 Phone: 610-670-1372
Center Manager: Melissa Ludwig: MLudwig@BerksEncore.org

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NOVEMBER 2026 Activities & Programs

JOIN US FOR LUNCH: Monday – Friday at 12:00 pm
GRAB-N-GO LUNCH is also available
Monthly menus are available. Reserve your meal 2 weekdays in advance $2.50 suggested donation.

AVAILABLE EVERY DAY
Pool Table, Shuffleboard, Exercise Bike & Treadmill, Wi-Fi, and Electric Tablets

Classes & programs marked with an (*) are courtesy of funding from Berks County Area Agency on Aging
No cost unless otherwise posted. **Fee applies to participants under 60.

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EVERY Monday: *9:00 AM: Board Games*
9:30 AM: Bridge
10:00 AM: FREE Movement is Medicine ($1**)*
12:00 PM: Hausenpfeffer

EVERY Tuesday: *9:15 AM: Yoga ($5)*
6:00 PM: Zumba Gold ($6)

EVERY Wednesday: *9:30 AM: Bridge*
10:00 AM: FREE Movement is Medicine ($1**)*
12:00 PM: Bingo
1:00 PM: POUND with Kathy Roberts (must be registered with Kathy 484-388-3196)

EVERY Thursday: 9:00 AM: Healthy Steps in Motion with Kathy Roberts (must be registered with Kathy 484-388-3196)
9:30 AM: Duplicate Bridge
10:30 AM: Let's Get Started with Kathy Roberts (must be registered with Kathy 484-388-3196)
1:00 PM: FREE Chair Yoga ($5**)*

EVERY Friday: *9:30 AM: Zumba Gold ($5)*
12:00 PM: Tai Chi ($5)

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Additional Activities:

Monday, 11/3 8:00 am: Quilting Club
Thursday, 11/5 12:30 pm: Boombox Bingo
Tuesday, 11/10 10:30 am: Mature Driver & Pedestrian Safety, E-Bike& E-Scooter Safety w/ Tara, Highway Safety Network; Please sign up
Friday, 11/13 12:30 pm: Holiday Scams w/ Nora Haynos, PA Office of Atty General; Don't let hackers get your information!; Please sign up
Tuesday, 11/17 1:00 pm: Grocery Bingo w/ Sheena, Genesis Health Care
Thursday, 11/26 & Friday, 11/27 CLOSED; Happy Thanksgiving

Berks Encore Virtual Exercise Classes

*** Classes generously funded by Berks County Area Agency on Aging***

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TUESDAYS	10:00 AM:	Virtual Tai Chi Level 1
	10:15 AM:	Zumba Gold Toning
	11:00 AM:	Virtual Tai Chi Level 2
WEDNESDAYS	10:15 AM:	Virtual Chair Zumba
FRIDAYS	10:15 AM:	Zumba Gold Toning

These classes will be conducted virtually through Zoom. To register and find our more information, please contact Melissa Ludwig at 610-670-1372 or MLudwig@BerksEncore.org

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→ Wernersville Center – Berks Encore

Monthly calendar disclaimer: We do our best to include all activities and avoid grammatical errors and typos. But, mistakes still occur, so please be patient and feel free to let your center manager know if anything should be corrected in future calendars. Thanks!